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Dear Ms Ross Azura Zahit,

Abstract submission: 6th Sarawak Mental Health Conference 2023

Congratulations, we are pleased to inform you that your paper entitled “When Psychology Meets Technology: Usability and Technology Acceptance in Mental Health Help-Seeking Behaviour” has been accepted for our E-Poster Presentation.

Your E-Poster will be made accessible to all delegates during the conference. For that, you must provide a **.jpg** file of your E-Poster using the following guidelines.

File (format)	jpg
Poster Size	A4 - Landscape
Font size	11-point (smallest)
Pages	Maximum 1 page
Resolution	1920 x 1080 (Ratio: 16:9)

Do not forget to remove any and all potentially identifiable patient information from the E-Poster before submitting.

Your E-Poster will also be presented in the form of audio recording that will be displayed on the television screen outside the event hall during the conference. For that presentation, you must provide an **.mp4** video file. The video file must consist of the E-Poster that was accepted (using the guidelines above) and include a 5-minute audio presentation for the E-Poster over the top of it.

There will be a 2-minute Q&A session after the presentation of your E-Poster that you must be present for.

When you have completed the above requirements, you need to email them to poster.smhc@gmail.com by **23 July 2023**.

Please be aware that the 6th Sarawak Mental Health Conference 2023 Scientific Committee cannot provide any technical assistance or editing service in the recording of your video, or design of your poster.

However, do get in touch if there are any queries.

Regards,

Scientific Committee

6th Sarawak Mental Health Conference 2023