



The Psychological States of Beggars in Malaysia: Happiness, Subjective Well-Being, and Gratitude

Lim L. Gin, Kalaivanan Syasyila & Zhooriyati, S. M. *

Faculty of Social Sciences and Liberal Arts, UCSI University, Kuala Lumpur, Malaysia.

ABSTRACT

The economic downturn causes a fluctuation of Malaysian beggars with disrupted psychological states. The research focuses on happiness, subjective well-being, and gratitude among the beggars in Kuala Lumpur and Selangor. Ten beggars participated in an in-depth interview. Their selection was based on a purposive sampling technique. Findings show that with life satisfaction and maintained health conditions, they would be contented. Intolerable circumstances currently made the beggars wishing they could restart an ideal life to restore their subjective well-being. Amidst gratefulness, beggars tend to wake up with an appreciation for every little thing. However, the limited psychological care given has caused the number of beggars to escalate. The number of beggars would dwindle by appraising the public with what they necessitate through an awareness brought by findings from the study.

Keywords: happiness, subjective well-being, gratitude, beggars, Malaysia

ARTICLE INFO

Email address: zhooriyati@ucsiuniversity.edu.my (Zhooriyati, S. M.)

*Corresponding author

<https://doi.org/10.33736/jcshd.3661.2021>

e-ISSN: 2550-1623

Manuscript received: 17 July 2021; Accepted: 13 September 2021; Date of publication: 25 September 2021

Copyright: This is an open-access article distributed under the terms of the CC-BY-NC-SA (Creative Commons Attribution-NonCommercial-ShareAlike 4.0 International License), which permits unrestricted use, distribution, and reproduction in any medium, for non-commercial purposes, provided the original work of the author(s) is properly cited.
