



INTERNATIONAL COUNSELLING CONVENTION 2022

1st - 4th November 2022
Riverside Majestic Hotel, Kuching, Sarawak, MALAYSIA

Standing Alone
TOGETHER:
Managing
the
PARADOX

Abstract Proceedings

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Chief Editor:

Assoc. Prof. Dr. Ku Suhaila Ku Johari, UKM

Editor:

Professor Dr. Rusli Ahmad

Assoc. Prof. Dr. Mohamad Isa Amat

Assoc. Prof. Dr Zaiton Hassan

Assoc. Prof. Dr. Rafidah Aga Mohd Jaladin

Dr. Mohamad Hardyman Barawi

Dr. Abdul Razak Yahya Saleh Al-Hababi

Dr. Asmah Ismail

Che Mohamad Padali Che Mat

Noriana Abdullah

Mohd Hatta Othman

Sabihah Johan

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Editorial Remarks

All praise to God for the abundance of mercy and love. With His permission, the Abstract Proceedings successfully published for the International Counseling Convention 2022 (ICC 2022) being held from 1st to 4th November 2022, at the Riverside Majestic Hotel, Kuching, Sarawak, Malaysia!

The theme of the convention is Standing Alone Together: Managing the Paradox by highlighting various sub-themes namely Counseling Ethics, Counseling Intervention & Skills, Counseling Supervision, Teaching and Learning in Counseling, Multicultural Counseling, Career Counseling, School Counseling, Organizational Counseling, Mental Health Counseling, Rehabilitation Counseling, Family, Adolescents & Children Counseling, Testing & Measurement Counseling, Technology in Counseling, Spiritual Counseling, Counseling and Human Resource and Wellbeing Counseling.

Through this theme, a total of 118 abstracts have been accepted and successfully published in this proceeding. Of these, a total of 88 full articles have been reviewed and successfully accepted for publication in several indexed and popular publication mediums. Among them are publications in The International Journal for the Advancement in Counseling (SCOPUS), European Journal of Educational Research (SCOPUS), International Journal of Academic Research in Business and Social Sciences (ERA), Journal of Cognitive Sciences and Human Development, UNIMAS (My Cite), PERKAMA Journal, PERKAMA Book Chapter and UNIMAS Book Chapter.

This convention acts as a platform to gather experts in the field through the presentation and publication of research, especially in the field of counseling. They consist of counselor educators, counseling practitioners and trainee counselors from all over the world. Hopefully, with this continuous effort, we can contribute to the development of scientific disciplines and empower the well-being and mental health of the community.

Finally, the highest appreciation and millions of thanks go to all parties involved in this convention, especially the organizing committee as well as the presenters who have participated in contributing research results to be published through ICC 2022. Thank you and see you again. Long lasting greetings.

Associate Professor Dr. Ku Suhaila Ku Johari
Head of Scientific Reviewer & Publications
International Counselling Convention 2022

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**Teaching and Learning During Covid-19 Crisis: Challenges, Opportunities and the
Way Forward**

Rusli Ahmad¹, Luqman Hakim Satiman¹ & Hana Hamidi¹

¹Faculty of Cognitive Sciences and Human Development
University of Malaysia Sarawak

arusli@unimas.my

ABSTRACT

The COVID-19 pandemic as a big crisis in quarter one of 21 century has created unprecedented challenges to the all sectors of life. The COVID-19 pandemic has exposed gaps in the digital infrastructure and network performance as internet usage rises. In the education sector, the closure of many educational institutions had resulted in the disruption of face-to-face learning which significantly impacted the majority of students. While it is obvious that online learning provides many advantages like easy access, unlimited access to resources, flexibility in learning and easy collaboration, lack of infrastructure had caused a serious setback to the core principles of traditional pedagogy such as learner interaction, access to study materials, attentional skills, regularity, time management, and assessment. Although online learning faces many issues and challenges among stakeholders, especially students and educators, it also serves as a great alternative for the spread of knowledge and represents a significant benefit when distance is no longer a barrier. COVID-19 pandemic in particular has brought online learning to a new level where its adoption within the education world was not an optional but mandatory for the survival of our new generation. Therefore, it is crucial in the post-pandemic era to integrate the traditional pedagogy approach and blend it with online learning in order to establish a resilient education system capable of fulfilling the demand of all stakeholders.

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