



INTERNATIONAL COUNSELLING CONVENTION 2022

1st - 4th November 2022

Riverside Majestic Hotel, Kuching, Sarawak, MALAYSIA

Standing Alone
TOGETHER:
Managing
the
PARADOX

Abstract Proceedings

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Editorial Remarks

All praise to God for the abundance of mercy and love. With His permission, the Abstract Proceedings successfully published for the International Counseling Convention 2022 (ICC 2022) being held from 1st to 4th November 2022, at the Riverside Majestic Hotel, Kuching, Sarawak, Malaysia!

The theme of the convention is Standing Alone Together: Managing the Paradox by highlighting various sub-themes namely Counseling Ethics, Counseling Intervention & Skills, Counseling Supervision, Teaching and Learning in Counseling, Multicultural Counseling, Career Counseling, School Counseling, Organizational Counseling, Mental Health Counseling, Rehabilitation Counseling, Family, Adolescents & Children Counseling, Testing & Measurement Counseling, Technology in Counseling, Spiritual Counseling, Counseling and Human Resource and Wellbeing Counseling.

Through this theme, a total of 118 abstracts have been accepted and successfully published in this proceeding. Of these, a total of 88 full articles have been reviewed and successfully accepted for publication in several indexed and popular publication mediums. Among them are publications in The International Journal for the Advancement in Counseling (SCOPUS), European Journal of Educational Research (SCOPUS), International Journal of Academic Research in Business and Social Sciences (ERA), Journal of Cognitive Sciences and Human Development, UNIMAS (My Cite), PERKAMA Journal, PERKAMA Book Chapter and UNIMAS Book Chapter.

This convention acts as a platform to gather experts in the field through the presentation and publication of research, especially in the field of counseling. They consist of counselor educators, counseling practitioners and trainee counselors from all over the world. Hopefully, with this continuous effort, we can contribute to the development of scientific disciplines and empower the well-being and mental health of the community.

Finally, the highest appreciation and millions of thanks go to all parties involved in this convention, especially the organizing committee as well as the presenters who have participated in contributing research results to be published through ICC 2022. Thank you and see you again. Long lasting greetings.

Associate Professor Dr. Ku Suhaila Ku Johari
Head of Scientific Reviewer & Publications
International Counselling Convention 2022

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**Examination of Influence of Ethnic Identity Development on the Counselling Trainees'
Multicultural Counselling Competencies**

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ABSTRACT

Background Ethnic identity awareness has become one of the important variables that impact the counsellor's multicultural counselling competencies and to understand clients in the counselling relationship. *Objective* The purpose of the study was to assess the influence of ethnic identity development on the multicultural counselling competencies of counselling trainees at a public university in Malaysia. *Methods* Two scales were used in this study which include the Multigroup Ethnic Identity Measure (MEIM) and Multicultural Counselling Inventory (MCI). The first instrument measured the process of ethnic identity development of counselling trainees and the second instrument measured the students' multicultural counselling competencies. *Results* The result showed that there was a significant influence of ethnic identity development on the multicultural counselling competencies of counselling trainees. Ethnic identity achievement, ethnic behavior, and multicultural training were the significant predictors of counselling trainees' multicultural counselling competencies. *Conclusion* These results yield useful information for understanding the relative importance of ethnic identity awareness in developing the counsellor's multicultural competencies.

Keywords: *ethnic identity development, multicultural counselling competencies, and counselling trainees*

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