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OP017

Experience of Psychiatric Education Among Medical Students of a Malaysian University During the COVID-19 Pandemic

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Delivering medical education had been very challenging during the COVID-19 pandemic and there was no exception to psychiatric education. Redesignation of the teaching method was urgently required to fulfill the academic needs. The study aims to evaluate the learning experience of psychiatric education among medical students of a Malaysian University during the COVID-19 pandemic. The retrospective cohort study adopted a mixed-method to evaluate the medical students' perception of the curriculum in helping them to acquire psychiatric knowledge and their confidence level in applying the medical knowledge at the end of the clinical rotation. A total of 122 responses were received from April 2021 to May 2022. The students reported several components of the curriculum were very helpful in learning which included psychiatric interview demonstration (77.0 %), bedside teaching (73.8%), case-based learning (66.4 %), psychosocial skill laboratory (PSL) (63.9 %), and mini-Clinical Evaluation Exercise (mini-CEX) (71.3 %). Having a small group discussion during case-based learning and bedside teaching sessions using simulated patients helped consolidate the understanding of the important topics. Besides, the students also appreciate the more humanistic approach via PSL as they learned practical communication skills and self-help psychological measures that are beneficial in dealing with their stress in times of crisis and could interact effectively with patients in a more empathetic manner. The majority stated that they had more positive perceptions of mental illness and recognize the importance of having mental health. In addition, they became more confident in applying the knowledge in their daily life. Blended learning could be effective for psychiatric education and paying attention to student well-being whilst providing a supportive and safe learning environment is equally essential during the pandemic time.