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Adult Attachment and Constructive Communication in Parents of Children with Attention Deficit Hyperactivity Disorder (ADHD)

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Abstract

The present study aimed to explore the influence of adult attachment on relationship quality in parents of children with ADHD. A quantitative method design was used to address the research objective. Two hundred and fifty four (254) participants were employed: 101 parents of children with ADHD, and 153 parents of children without ADHD. Three established questionnaires were used: Connors Parental Rating Scale (CPRS), Communication Pattern Questionnaire (CPQ), and Experience in Close Relationship (ECR). The result shows that attachment style moderated the impact of having a child with ADHD on constructive communication in the couple.

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