



*Manual*  
**Counselling  
Supervision**

Nor Mazlina Ghazali

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# Preface

Counselling supervision is a professional relationship between supervisor and supervisees. From this platform the supervisor and supervisee learn to develop both in the counselling profession and personally within themselves. Supervision comes in many ways and are reflected in this book. The example of content discussed in this book are related to introduction to counselling supervision, purposes of supervision, theoretical frameworks and models of supervision, supervision interventions, roles and responsibilities of supervisor, multicultural issues in supervision, professional development of supervisees, and legal and ethical issues in supervision.

Chapter One discusses on the introduction to counselling supervision. In this chapter, the author introduces the counselling supervision. The chapter then continues to explain the overview of counselling supervision. The evolution of supervision in counselling will also be discussed in this chapter.

Purposes of supervision is described in Chapter Two. The author explains the purposes of supervision in counselling. Some mentioned the purposes of supervision in counselling are defending clients from any misconduct during counselling sessions, enhancement in the ability of counsellors (supervisees) to provide values to client, facilitation of the personality and profession of counsellors, development of counsellors' competencies as well as promotion of accountable counselling. In addition, the purpose of counselling supervision is protecting harm of client from counsellors (supervisees).

Chapter Three presents the different types of supervision. This chapter describes the two types of supervision style which are Individual and Group supervision. In counselling,

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