

Archive for the Psychology of Religion



Impact Factor: 0.8 / 5-Year Impact Factor: 1.4

JOURNAL HOMEPAGE

SUBMIT PAPER

Restricted access | Research article | First published online October 10, 2022

Cultural dimensions of nonsuicidal self-injury: A Malaysian perspective

Janet Ann Fernandez, Rafidah Aga Mohd Jaladin, and Poh Li Lay | [View all authors and affiliations](#)

Volume 44, Issue 3 | <https://doi.org/10.1177/00846724221126755>

Contents | Get access | Cite article | Share options | Information, rights and permissions | Metrics and citations

Abstract

Self-injury is a perilous and increasingly common behavior that is particularly prevalent among youth. Nonetheless, there is a deep-rooted public stigma towards people who self-injure. Consequently, people who engage in self-injury are reluctant to seek professional help or disclose their experiences to others. This article aims to combat stigma and promote help-seeking behavior by debunking the common myths surrounding self-injury in the Malaysian context. Specifically, this article aims to serve as an eye-opener for Malaysian counselors and other mental health professionals to improve their multicultural knowledge, skills, and attitudes when working with those who self-injure.

Similar articles:

Restricted access
[Nonsuicidal Self-injury in Southeast Asia: A Systematic Literature Review](#)
Show details

Restricted access
[Psychological Risk Factors and Self-Mutilation in Male Patients with Bpd](#)

Get full access to this article