

ICCAP 2023

15th International Conference on Child and Adolescent Psychopathology

Kuching, Sarawak (on Borneo Island)
August 7 – 9, 2023



**TRIBE
LEGACY
SARAWAK
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**BUSINESS EVENTS
SARAWAK**

Dear Colleagues and Friends,

It is an honour and privilege to welcome you to our 15th International Conference on Child and Adolescent Psychopathology (ICCAP) in Kuching, Sarawak (on Borneo Island), Malaysia. This is the second time that the ICCAP is being hosted in Kuching and outside of London, UK. We are excited to see that many of you have travelled from around the World, with 32 countries being represented.

The conference offers you a full social and scientific program that includes 14 keynote addresses, 1 experience-sharing lecture, 15 symposia, 10 in-conference workshops, 3 minor workshops, two poster sessions, 15 open paper sessions, pre-conference party, and a gala dinner.

We will also be launching our research project (*Promoting mental health among at-risk adolescents in Malaysia*; Funded by the Kavli Trust) and our new book (*Handbook of Child and Adolescent Psychology Treatment Modules: Personalized Care in Behavior and Emotion*. New York: Academic Press).



We wish to extend our deepest appreciation to the State Government of Sarawak and the Business Events Sarawak; Ministry of Tourism, Creative Industry and Performing Arts Sarawak; and Ministry of Public Health, Housing and Local Government Sarawak for supporting this conference.

I hope you all find time to explore the romantic history and charm of Kuching, the capital of Sarawak. Sarawak, famously known as the “Hidden Paradise of Borneo”, and with its rich cultures, heritage and natural wonders, offers an exotic range of attractions to see and things to do.

I wish you a stimulating conference and a pleasant stay in Kuching !

Cecilia A Essau, HBA, MA, PhD, Habilitation, SFHEA, CPsychol, FBPsS
Chair, Organizing and Scientific Committees of the ICCAP2023

Organised by

School of Psychology
University of Roehampton
London, UK



Supported by



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Keynote Addresses

Keynote Addresses
Day 1 – Monday (August 7, 2023)
 Venue: Colosseum 1 (level 1)

- 11:30 – 12:15** **Mitigating negative mental health and educational impacts of COVID-19 preventative measures**
Cecilia A. Essau (University of Roehampton, UK)
- 12:15 – 13:00** **Preventing overweight and obesity in preschoolers with a multi-component kindergarten-based behavioural intervention: ToyBox Study Malaysia**
Poh Bee Koon (Universiti Kebangsaan Malaysia, MALAYSIA)
- 13:45 – 14:30** **The impact of attention, arousal and anxiety in the classroom for autistic and neurodivergent pupils**
Deborah Riby (Durham University, UK)
- 14:30 – 15:15** **Neural sociometrics: Parent-infant neural social dynamics in early mental health and learning**
Victoria Leong Vik Ee (Nanyang Technological University, SINGAPORE)
- 15:15 – 16:00** **Empowering youth: Celebrating culture and the art of cultural adaptation**
Shanaya Rathod (Southern Health NHS Foundation Trust, UK)

Keynote Addresses
Day 2 – Tuesday (August 8, 2023)
 Venue: Colosseum 1 (level 1)

- 11:00 – 11:45** **Treatment of obsessive-compulsive disorder (OCD) in children and adolescents: Improving access to care and child outcomes**
Lara Farrell (Griffith University, AUSTRALIA)
- 11:45 – 12:30** **Emerging digital technologies and young people: Understanding the risks and benefits of the increasing intersections between gaming, gambling and speculative investments**
Paul Delfabbro (University of Adelaide, AUSTRALIA)
- 12:30 – 13:15** **Drug use disorders and related problems among young people**
Anja Busse (United Nations Office on Drugs and Crime, AUSTRIA)

- 14:00 – 14:45** **Antisocial behaviour and callous-unemotional traits in children and adolescents in the school setting**
Jennifer Allen (University of Bath, UK)
- 14:45 – 15:30** **Implementing sexual health education: The journey of bridging the know–do gap**
Janet Wong Yuen-Ha (Hong Kong Metropolitan University, HONG KONG)

Experience-Sharing Lecture

Venue: Colosseum 1 (level 1)

- 15:30 – 16:00** **Reframing what we think we know about Autism through my lived experience**
Beatrice Leong (Autism Inclusiveness Direct Action Group, MALAYSIA)

Keynote Addresses

Day 3 – Wednesday (August 9, 2023)

Venue: Colosseum 1 (level 1)

- 10:45 – 11:30** **Depression and suicidal ideation and behaviour in adolescents**
Susan H. Spence (Griffith University, AUSTRALIA)
- 11:30 – 12:15** **Genetic and environmental influences on mental health difficulties in young people with developmental language disorder**
Umar Toseeb (University of York, UK)
- 12:15 – 13:00** **Cross-cultural similarities and differences in reporting autistic symptoms in toddlers**
Toh Teck Hock (SEGi University Sibu Clinical Campus & Sibu Hospital, Sarawak, MALAYSIA)
- 13:45 – 14:30** **The importance of play in supporting children’s social and emotional wellbeing**
Helen Dodd (University of Exeter, UK)

Workshops (Pre-registered)

Workshops Day 1 (7th August, 2023) – Monday

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|--|---|
| 8:00 – 11:00
Venue: Gizza | Preventing anxiety and depression in young people using the Super Skills for Life programme
<i>Priscilla Ho</i> (Creativity At Heart Penang, MALAYSIA) |
| 8:00 – 11:00
Venue: Taj Mahal | Supporting autistic children's communication with Augmentative and Alternative Communication (AAC)
<i>Ennie Yong</i> (GENIUS Kurnia, Ministry of Education, MALAYSIA) |
| 15:45 – 18:45
Venue: Gizza | Treating sleep problems in children
<i>Caroline Donovan</i> (Griffith University, AUSTRALIA) |
| 15:45 – 18:45
Venue: Taj Mahal | Assessing attachment trauma and autism
<i>Sharon Allan</i> (University of Roehampton, UK) |

Workshops Day 2 (8th August, 2023) – Tuesday

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| 8:00 – 11:00
Venue: Gizza | Mindfulness in schools
<i>Bilge Uzun</i> (Bahçeşehir Üniversitesi, TURKEY) |
| 8:00 – 11:00
Venue: Taj Mahal | Using Dialectical Behavioural Therapy skills in clinical setting
<i>Sharon Allan</i> (University of Roehampton, UK) |
| 15:45 – 18:45
Venue: Gizza | Using play and storytelling to promote children's mental health
<i>Priscilla Ho</i> (Creativity At Heart Penang, MALAYSIA) |
| 15:45 – 18:45
Venue: Taj Mahal | Translating research to practice: The Triple-A intervention to support autistic and neurodivergent pupils at school
<i>Deborah Riby</i> (Durham University, UK) |

Workshops Day 3 (9th August, 2023) – Wednesday

- | | |
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| 8:00 – 11:00
Venue: Gizza | Preventing overweight and obesity in children using the ToyBox Malaysia
<i>Whye Lian Cheah</i> (Universiti Malaysia Sarawak, MALAYSIA) |
| 8:00 – 11:00
Venue: Taj Mahal | Risk assessment and management of young people who present a risk of serious harm
<i>Sharon Allan</i> (University of Roehampton, UK) |

PROGRAM AT A GLANCE - MONDAY

Day 1 (7 th August, 2023) – Monday		
7:30 – 17:00	Registration	Foyer
Parallel sessions 1 8:00 – 9:30 (Rooms)		
	<u>Mini Workshop 1:</u> Articles and research grant writing	(Olympia 1)
	<u>Symposium 1:</u> What and why these happen to our kids? Understanding emotional, behavioral and psychiatric disorders in kids and adolescents	(Eiffel 1)
	<u>Open Papers 1:</u> Mental health problems and suicidal behavior	(Eiffel 2)
	<u>Open Papers 2:</u> Special needs and inclusion	(Machu Picchu)
	<u>Featured Research Program – Malaysia:</u> Substance use among Malaysian youths: Prevalence, prevention and intervention (part 1)	(Colosseum 1)
Parallel sessions 2 9:30 – 10:30		
	<u>Symposium 2:</u> Autism and learning disorders	(Eiffel 1)
	<u>Symposium 3:</u> Supporting resilience in children through understanding and promoting the parenting-child relationship	(Olympia 1)
	<u>Symposium 4:</u> Children and young people's experiences of domestic violence: Findings from two Australian studies	(Machu Picchu)
	<u>Open Papers 3:</u> Mental health problems and mental health literacy across cultures	(Eiffel 2)
	<u>Featured Research Program – Malaysia:</u> Substance use among Malaysian youths: Prevalence, prevention and intervention (part 2)	(Colosseum 1)
10:30 – 11:00	Coffee break and Networking; Poster viewing	
8:00 – 11:00	Workshop (pre-registered): Preventing anxiety and depression in young people using the Super Skills for Life programme	(Gizza)
8:00 – 11:00	Workshop (pre-registered): Supporting Autistic Children's Communication with Augmentative and Alternative Communication (AAC)	(Taj Mahal)
11:00 – 13:030	Opening ceremony	(Colosseum 1)
	Welcome and Keynote Address 1: Mitigating negative mental health and educational impacts of COVID-19 preventative measures	

Cultural Performance		
Opening Address: Yang Berhormat Dato Sri Professor Dr Sim Kui Hian (Deputy Premier of Sarawak cum Minister for Public Health, Housing & Local Government of Sarawak)		
12:15 – 13:00	Keynote Address 2: Preventing overweight and obesity in preschoolers with a multi-component kindergarten-based behavioural intervention: ToyBox Study Malaysia	(Colosseum 1)
13:00 – 13:45	Lunch and Networking; Poster viewing	
13:15 – 13:45	Poster session #1	
13:45 – 14:30	Keynote Address 3: The impact of attention, arousal and anxiety in the classroom for autistic and neurodivergent pupils	(Colosseum 1)
14:30 – 15:15	Keynote Address 4: Neural sociometrics: Parent-infant neural social dynamics in early mental health and learning	(Colosseum 1)
15:15 – 16:00	Keynote Address 5: Empowering youth: Celebrating culture and the art of cultural adaptation	(Colosseum 1)
16:00 – 16:15	Coffee break and Networking	
Parallel sessions 3 16:15 – 17:30		
16:15 – 17:30	<u>Symposium 5</u> : Adolescent mental health, self-esteem and coping during the COVID-19 pandemic <u>Symposium 6</u> : Parents as resources for kids to stay well <u>Case Studies</u> : Resilience Building <u>Open Papers 4</u> : Young people’s perception of mental health/Emotion regulation <u>Featured Research Program – Malaysia</u> : Substance use among Malaysian youths: Prevalence, prevention and intervention (part 3)	(Machu Picchu) (Olympia 1) (Eiffel 1) (Eiffel 2) (Colosseum 1)
15:45 – 18:45	Workshop (pre-registered): Treating sleep problems in children	(Gizza)
15:45 – 18:45	Workshop (pre-registered): Assessing attachment trauma and autism	(Taj Mahal)

DAY 1 – MONDAY (7th AUGUST 2023)**9:30 – 10:30****Symposium 2: Autism and learning disorders****Chair:** Umar Toseeb (University of York, UK)

Venue: Eiffel 1

9:30 – 9:45**Can an evidence-based approach meet the socio-emotional difficulties of children indicated with developmental language disorder (DLD)?****Shaun Goh¹**, Hillary Lim, Boon Yen Lau, Isaac Petersen, Yong Hwee Nah¹, & Sylvia Choo⁴¹National Institute of Education, Nanyang Technological University, SINGAPORE²Ministry of Education, SINGAPORE³University of Iowa, USA⁴KK Women's and Children's Hospital, SINGAPORE**9:45 – 10:00****Following the autistic child's lead: Adult-child word coordination in online conversations****Tze Peng Wong¹**, Adriana Chieng¹, Camille Wynn², Tyson Barrett³ & Stephanie Borrie³¹University of Nottingham Malaysia, MALAYSIA²University of Houston, USA³Utah State University, USA**10:00 – 10:15****Predictors of outcomes among children with special educational needs in Singapore: Insights from a three-year longitudinal study****Shaun Goh¹**, Mariam Aljunied², Shang Chee Chong³, Sylvia Choo⁴, Sarinajit Kaur², Chiew Lim Lee¹, Yong Hwee Nah¹, Roodra Veera¹, Nicolette Waschl¹, & **Kenneth Poon¹**¹National Institute of Education, Nanyang Technological University, SINGAPORE²Ministry of Education, SINGAPORE³National University Health System, SINGAPORE⁴KK Women's and Children's Hospital, SINGAPORE**10:15 – 10:30****Cognitive behaviour therapy (CBT) for children with reading difficulties: A case study****Julia Ai Cheng Lee** & Chuong Hock, Ting

Universiti Malaysia Sarawak (UNIMAS), MALAYSIA

Symposium 3: Supporting resilience in children through understanding and promoting the parenting-child relationship

Chair: Jennifer Sie Hee Kiing (Department of Paediatrics, Yong Loo Lin School of Medicine, National University of Singapore, SINGAPORE)

Venue: Olympia 1

9:30 – 9:45 Screen time viewing patterns and socio emotional correlates in a preschool population in Singapore

Kang Ying Qi^{1,2}, Ramkumar Aishworiya^{1,2}, Tammy Lim^{1,2}, Kalyani Mulay^{1,2}, Tan Mae Yue^{1,2}, Chong Shang Chee^{1,2}, Chan Yiong Huak³, & **Jennifer Sie Hee Kiing**^{1,2}

¹Department of Paediatrics, Yong Loo Lin School of Medicine, National University of Singapore, SINGAPORE

²Child Development Unit, Khoo Teck Puat-National University Children's Medical Institute, National University Health System, SINGAPORE

³Biostatistics Unit, Yong Loo Lin School of Medicine, National University of Singapore, SINGAPORE

9:45 – 10:00 Reading practices of parents with children with developmental difficulties

Goon Tat Ong, Jing Jing Chiang, Aishworiya Ramkumar, & Young Ern Saw

Khoo Teck Puat-National University Children's Medical Institute, National University Health System, SINGAPORE

10:00 – 10:15 Promoting Resilience through Children's Socio-Emotional Competence - A Parent Training Workshop

Esther Tan Yi Jing¹, Lee Hui Jun¹, Chiang Jing Jing¹, Aishworiya Ramkumar^{1,2}, & Jennifer Kiing^{1,2}

¹Child Development Unit, Khoo Teck Puat-National University Children's Medical Institute, National University Health System, SINGAPORE

²Department of Paediatrics, Yong Loo Lin School of Medicine, National University of Singapore, SINGAPORE

10:15 – 10:30 **Brazelton Touchpoints interactive training of healthcare professionals and early childhood educators in child and family engagement**

Li Wei Wen¹, **Elizabeth Ragen**¹, Pang Lee Yien¹, Chong Shang Chee^{1,2}, Chan Yiong Huak³, Ramkumar Aishworiya^{1,2}, Alicia Lim⁴, & Jennifer Kiing^{1,2}

¹Child Development Unit, Khoo Teck Puat-National University Children's Medical Institute, National University Health System, SINGAPORE

²Department of Paediatrics, Yong Loo Lin School of Medicine, National University of Singapore, SINGAPORE

³Biostatistics Unit, Yong Loo Lin School of Medicine, National University of Singapore, SINGAPORE

⁴Allied Health Professional Group, AWWA Ltd, SINGAPORE

Symposium 4: Children and young people's experiences of domestic violence: Findings from two Australian studies

Chair: Kate Fitz-Gibbon (Monash University, AUSTRALIA)

Venue: Machu Picchu

9:30 – 9:45 **Experiences, impacts and support needs of children affected by domestic and family violence**

Silke Meyer

Griffith University, AUSTRALIA

9:45 – 10:00 **Adolescent family violence in Australia: findings from a national study of prevalence, use of and exposure to violence, and support needs**

Kate Fitz-Gibbon

Monash University, AUSTRALIA

10:00 – 10:15 **Children and young people's experiences of seeking help and navigating the domestic and family violence system in an Australian jurisdiction**

Jasmine McGowan

Monash University, AUSTRALIA

Open Papers 3: Mental health problems and mental health literacy across cultures

Chair: Farah Deena Abd Samad (Universiti Kebangsaan Malaysia, MALAYSIA)

Venue: Eiffel 2

- 9:30 – 9:45** **Parenting practices and attitudes towards adolescent mental health in Malaysia**
- Darlene Koh¹, **Liz Jones**², Patrick Olivier¹, & Marie Yap¹
¹Monash University, Melbourne, AUSTRALIA
²Monash University Malaysia, MALAYSIA
- 9:45 – 10:00** **The wellbeing of Maltese children**
- Carmel Cefai**, Rachel Spiteri, Natalie Galea, & Marie Briguglio
 University of Malta, MALTA
- 10:00 – 10:15** **Exploring social skills difficulties of youth with HFASD in Malaysia: Comparison of perspectives from youth, parents and professionals**
- Farah Deena Abd Samad**, Wan Salwina Wan Ismail, Noorlaili Mohd Tohit@MohdTauhid, Norazlin Kamal Nor, Mohd Akif Farhan Ahmad Basri, Chong Siew Koon, & Shalisah Sharip
 Universiti Kebangsaan Malaysia, MALAYSIA
- 10:15 – 10:30** **Cultural Competency Training for Children and Adolescent CBT Trainee**
- Peter Phiri** (Southern Health NHS Foundation Trust, UK)
- 10:30 – 11:00** **Evaluating a prototype digital mental health literacy intervention for young people aged 11-15 in Java, Indonesia: A mixed methods, multi-site case study evaluation**
- Helen Brooks**¹, Irman Irmansyah², Armaji Kamaludi², Rebecca Pedley¹, Laoise Renwick¹, Atik Puji Rahayu² & Christa Manik²
¹University of Manchester, UK
²National Research and Innovation Agency, BRIN, INDONESIA

Featured Research Program – Malaysia: Substance use among Malaysian youths: Prevalence, prevention and intervention (part 2)

Research Program Chair: Suzaily Wahab (Universiti Kebangsaan Malaysia, MALAYSIA)

Venue: Colosseum 1

9:30 – 9:45

An adaptation and validation of the Cocaine Craving Questionnaire among Malaysian abusing amphetamine-type stimulants

Amirul Danial Azmi¹, Suzaily Wahab¹, Normah Mustaffa², Norhayati Ibrahim², Mohammad Faidzul Nasrudin², Noor Alaudin Abdul Wahab², & Mohd Juzaidin Ab Aziz²

¹Universiti Kebangsaan Malaysia Medical Centre, MALAYSIA

²Universiti Kebangsaan Malaysia, MALAYSIA

9:45 – 10:00

Teacher's self-efficacy (TSE) and teaching competency (TC) of secondary school teachers in drug education

Ciptro Handrianto¹, Ahmad Jazimin Jusoh², Nazre Abdul Rashid³, Suzaily Wahab⁴, Azizi Abdullah⁵, Mohammad Khatim Hasan⁶, & M Arinal Rahman⁷

^{1,2,3}Sultan Idris Education University, MALAYSIA

^{4,5,6}Universiti Kebangsaan Malaysia, MALAYSIA

⁷Akademi Maritim Nusantara Banjarmasin, INDONESIA

10:00 – 10:15

Modelling parents' engagement in drug prevention program

Siti Salina Abdullah, Nor Hayati Sa'at, Azizah Othman, Khuzaimah Mustapa, & Engku Nurnajihah Che Ku Muda
Universiti Malaysia Terengganu, MALAYSIA

10:15 – 10:30

The effectiveness of KAL Drug and Substance Abuse Psychoeducation Prevention Modules towards knowledge, attitudes and drug locus of control in high-risk society

Amin Al Haadi Shafie¹, Khatijah Othman¹, Dini Farhana Baharudin¹, Rafidah Aga Mohd Jaladin², Salleh Amat³, Nurhafizah Yasin¹, & Mohd Azwan Abd Halim¹

¹Univesiti Sains Islam Malaysia, MALAYSIA

²Universiti Malaya, MALAYSIA

³Universiti Kebangsaan Malaysia, MALAYSIA

Abstracts for Oral Presentations
Day 1 – Monday (7th August, 2023)

Cognitive behaviour therapy (CBT) for children with reading difficulties: A case study

Julia Ai Cheng Lee & Chuong Hock Ting

Universiti Malaysia Sarawak (UNIMAS), MALAYSIA

Background: Children with reading difficulties are at risk for vicious cycles of struggles, failure, demoralization, lack of interest in school, emotional difficulties such as anxiety and frustration, behavioural problems, and psychosocial maladjustments. The cycles of academic struggles lead to further academic failure, psychosocial, and behavioural problems. These risk factors are developmentally cumulative across grades starting early in preschool and primary school. Interventionists such as educational therapists of children with specific learning disabilities are faced with challenges in providing holistic solutions that focus on both the academic and cognitive-behavioural needs of children. Cognitive behaviour therapy is an under-explored approach when conducting educational therapy for children with SLD.

Aims: To present (1) The application of CBT strategies with children with specific learning disabilities. (2) A case study on the use of CBT approach with a child with reading difficulties

Methods: Aim 1: A narrative review of relevant research studies.

Aim 2: A case study approach on the application of CBT to a child with reading difficulties.

Results: (1) CBT is a promising approach for addressing cognitive-behavioural issues faced by children with reading difficulties. (2) The case study provides recommendations and details to service providers such as educational therapists on the support of children with reading difficulties.

Conclusions: The benefits of CBT and its feasibility as a viable approach by educational therapists are presented to close the research-practice gap for supporting the cognitive-behavioural needs of children with reading difficulties.



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