

# ICCAP 2023

## 15<sup>th</sup> International Conference on Child and Adolescent Psychopathology

Kuching, Sarawak (on Borneo Island)  
August 7 – 9, 2023



**TRIBE  
LEGACY  
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SARAWAK**

Dear Colleagues and Friends,

It is an honour and privilege to welcome you to our 15<sup>th</sup> International Conference on Child and Adolescent Psychopathology (ICCAP) in Kuching, Sarawak (on Borneo Island), Malaysia. This is the second time that the ICCAP is being hosted in Kuching and outside of London, UK. We are excited to see that many of you have travelled from around the World, with 32 countries being represented.

The conference offers you a full social and scientific program that includes 14 keynote addresses, 1 experience-sharing lecture, 15 symposia, 10 in-conference workshops, 3 minor workshops, two poster sessions, 15 open paper sessions, pre-conference party, and a gala dinner.

We will also be launching our research project (*Promoting mental health among at-risk adolescents in Malaysia*; Funded by the Kavli Trust) and our new book (*Handbook of Child and Adolescent Psychology Treatment Modules: Personalized Care in Behavior and Emotion*. New York: Academic Press).



We wish to extend our deepest appreciation to the State Government of Sarawak and the Business Events Sarawak; Ministry of Tourism, Creative Industry and Performing Arts Sarawak; and Ministry of Public Health, Housing and Local Government Sarawak for supporting this conference.

I hope you all find time to explore the romantic history and charm of Kuching, the capital of Sarawak. Sarawak, famously known as the “Hidden Paradise of Borneo”, and with its rich cultures, heritage and natural wonders, offers an exotic range of attractions to see and things to do.

I wish you a stimulating conference and a pleasant stay in Kuching !

Cecilia A Essau, HBA, MA, PhD, Habilitation, SFHEA, CPsychol, FBPsS  
Chair, Organizing and Scientific Committees of the ICCAP2023

#### Organised by

School of Psychology  
University of Roehampton  
London, UK



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## Keynote Addresses

**Keynote Addresses**  
**Day 1 – Monday (August 7, 2023)**  
 Venue: Colosseum 1 (level 1)

- 11:30 – 12:15**      **Mitigating negative mental health and educational impacts of COVID-19 preventative measures**  
*Cecilia A. Essau* (University of Roehampton, UK)
- 12:15 – 13:00**      **Preventing overweight and obesity in preschoolers with a multi-component kindergarten-based behavioural intervention: ToyBox Study Malaysia**  
*Poh Bee Koon* (Universiti Kebangsaan Malaysia, MALAYSIA)
- 13:45 – 14:30**      **The impact of attention, arousal and anxiety in the classroom for autistic and neurodivergent pupils**  
*Deborah Riby* (Durham University, UK)
- 14:30 – 15:15**      **Neural sociometrics: Parent-infant neural social dynamics in early mental health and learning**  
*Victoria Leong Vik Ee* (Nanyang Technological University, SINGAPORE)
- 15:15 – 16:00**      **Empowering youth: Celebrating culture and the art of cultural adaptation**  
*Shanaya Rathod* (Southern Health NHS Foundation Trust, UK)

**Keynote Addresses**  
**Day 2 – Tuesday (August 8, 2023)**  
 Venue: Colosseum 1 (level 1)

- 11:00 – 11:45**      **Treatment of obsessive-compulsive disorder (OCD) in children and adolescents: Improving access to care and child outcomes**  
*Lara Farrell* (Griffith University, AUSTRALIA)
- 11:45 – 12:30**      **Emerging digital technologies and young people: Understanding the risks and benefits of the increasing intersections between gaming, gambling and speculative investments**  
*Paul Delfabbro* (University of Adelaide, AUSTRALIA)
- 12:30 – 13:15**      **Drug use disorders and related problems among young people**  
*Anja Busse* (United Nations Office on Drugs and Crime, AUSTRIA)

- 14:00 – 14:45**      **Antisocial behaviour and callous-unemotional traits in children and adolescents in the school setting**  
*Jennifer Allen* (University of Bath, UK)
- 14:45 – 15:30**      **Implementing sexual health education: The journey of bridging the know–do gap**  
*Janet Wong Yuen-Ha* (Hong Kong Metropolitan University, HONG KONG)

### Experience-Sharing Lecture

Venue: Colosseum 1 (level 1)

- 15:30 – 16:00**      **Reframing what we think we know about Autism through my lived experience**  
*Beatrice Leong* (Autism Inclusiveness Direct Action Group, MALAYSIA)

### Keynote Addresses

Day 3 – Wednesday (August 9, 2023)

Venue: Colosseum 1 (level 1)

- 10:45 – 11:30**      **Depression and suicidal ideation and behaviour in adolescents**  
*Susan H. Spence* (Griffith University, AUSTRALIA)
- 11:30 – 12:15**      **Genetic and environmental influences on mental health difficulties in young people with developmental language disorder**  
*Umar Toseeb* (University of York, UK)
- 12:15 – 13:00**      **Cross-cultural similarities and differences in reporting autistic symptoms in toddlers**  
*Toh Teck Hock* (SEGi University Sibu Clinical Campus & Sibu Hospital, Sarawak, MALAYSIA)
- 13:45 – 14:30**      **The importance of play in supporting children’s social and emotional wellbeing**  
*Helen Dodd* (University of Exeter, UK)

## Workshops (Pre-registered)

### Workshops Day 1 (7<sup>th</sup> August, 2023) – Monday

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| <b>8:00 – 11:00</b><br>Venue: Gizza      | <b>Preventing anxiety and depression in young people using the Super Skills for Life programme</b><br><i>Priscilla Ho</i> (Creativity At Heart Penang, MALAYSIA)                |
| <b>8:00 – 11:00</b><br>Venue: Taj Mahal  | <b>Supporting autistic children's communication with Augmentative and Alternative Communication (AAC)</b><br><i>Ennie Yong</i> (GENIUS Kurnia, Ministry of Education, MALAYSIA) |
| <b>15:45 – 18:45</b><br>Venue: Gizza     | <b>Treating sleep problems in children</b><br><i>Caroline Donovan</i> (Griffith University, AUSTRALIA)  |
| <b>15:45 – 18:45</b><br>Venue: Taj Mahal | <b>Assessing attachment trauma and autism</b><br><i>Sharon Allan</i> (University of Roehampton, UK)   |

### Workshops Day 2 (8<sup>th</sup> August, 2023) – Tuesday

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|--|---|
| <b>8:00 – 11:00</b><br>Venue: Gizza      | <b>Mindfulness in schools</b><br><i>Bilge Uzun</i> (Bahçeşehir Üniversitesi, TURKEY)  |
| <b>8:00 – 11:00</b><br>Venue: Taj Mahal  | <b>Using Dialectical Behavioural Therapy skills in clinical setting</b><br><i>Sharon Allan</i> (University of Roehampton, UK)   |
| <b>15:45 – 18:45</b><br>Venue: Gizza     | <b>Using play and storytelling to promote children's mental health</b><br><i>Priscilla Ho</i> (Creativity At Heart Penang, MALAYSIA)                                      |
| <b>15:45 – 18:45</b><br>Venue: Taj Mahal | <b>Translating research to practice: The Triple-A intervention to support autistic and neurodivergent pupils at school</b><br><i>Deborah Riby</i> (Durham University, UK) |

### Workshops Day 3 (9<sup>th</sup> August, 2023) – Wednesday

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|---|--|
| <b>8:00 – 11:00</b><br>Venue: Gizza     | <b>Preventing overweight and obesity in children using the ToyBox Malaysia</b><br><i>Whye Lian Cheah</i> (Universiti Malaysia Sarawak, MALAYSIA) |
| <b>8:00 – 11:00</b><br>Venue: Taj Mahal | <b>Risk assessment and management of young people who present a risk of serious harm</b><br><i>Sharon Allan</i> (University of Roehampton, UK)   |

## KEYNOTE SPEAKERS

**Cecilia A. Essau** (University of Roehampton, UK)



**Keynote: Mitigating negative mental health and educational impacts of COVID-19 preventative measures**

Cecilia Essau is Professor of Developmental Psychopathology and the Research lead for Applied Research and Assessment in Child and Adolescent Wellbeing at the University of Roehampton, UK.

She is also Visiting Professor at the University of Adelaide, and Scientific Advisor at the United Nations Office on Drugs and Crime on the development and dissemination of a “Treatnet Family Intervention”, an evidence-based training package for adolescents with drug use disorders.

Cecilia obtained her undergraduate and her Master of Arts degrees from Lakehead University (Canada), her PhD from the University of Konstanz (Germany), and her “Habilitation” in Psychology (qualification for tenure-track professorships in Germany) from the University of Bremen (Germany).

She is the first Iban woman to have received a PhD.

Professor Essau was awarded the Norman Munn Distinguished Visiting Scholar from Flinders University, Distinguished Visiting Professorship from De La Salle University, and the Florey Medical Research Foundation Mental Health Visiting Professorship from the University of Adelaide. In August 2019, she was Singapore’s Ministry of Health HMDP (Health Manpower Development Plan) Visiting Expert in young children with emotional and/or behavioural problems. In 2011, she was made Fellow of the British Psychological Society in recognition of her contribution to the field of Psychology. She is also Fellow of the Japan Society for the Promotion of Science.

With fundings from numerous national and international research councils, her research focuses on understanding factors that can lead young people to have serious emotional and behavioural problems and using this research to (a) enhance the assessment of childhood and adolescent psychopathology and (b) design more effective interventions to prevent and treat such problems. She is the author/co-author of 300 articles and is the author/editor of 22 books in the area of youth mental health.

## Deborah Riby (Durham University, UK)



### **Keynote: The impact of attention, arousal and anxiety in the classroom for autistic and neurodivergent pupils**

Deborah Riby is Professor of Developmental Psychology and Associate Pro-Vice Chancellor for Postgraduate Research Students at Durham University. She is also Co-Director of the Centre for Neurodiversity and Development interested in neurotypical development, neurodevelopmental conditions, and neurodiversity.

Her research predominantly focuses on Autism and Williams syndrome. She has used a variety of research approaches to understand areas of relative proficiency or challenge - exploring syndrome-specific signatures, cross-syndrome overlaps, and neurodiversity.

Professor Riby is also national Chair of the Developmental Psychology Section of the British Psychological Society and a member of the Professional Advisory Panel of the Williams Syndrome Foundation UK charity. As well as conducting her research on neurodevelopmental conditions, Debbie is the Director of the ESRC-funded North East and Northern Ireland Doctoral Training Partnership training social science doctoral researchers across 7 UK institutions.

## Bee Koon Poh (Universiti Kebangsaan Malaysia, MALAYSIA)



### **Keynote: Preventing overweight and obesity in preschoolers with a multi-component kindergarten-based behavioural intervention: ToyBox Study Malaysia**

Bee Koon Poh is Professor of Nutrition at Faculty of Health Sciences, Universiti Kebangsaan Malaysia. She has more than 20 years of research experience focusing on childhood and adolescent nutrition.

Professor Poh has led many international grants, including those funded by United Kingdom Medical Research Council, United Nations' International Atomic Energy Agency and International Development Research Centre. She is Principal Investigator of South East Asian Nutrition Surveys (SEANUTS) in Malaysia, and ToyBox Study Malaysia. Professor Poh is Editor-in-Chief of Malaysian Journal of Nutrition. She has won numerous awards, including International Nutrition Foundation–Ellison Medical Foundation Short Term Fellowship, and IAEA Nobel Peace Prize Fund Schools in Nutrition fellowship.

## Victoria Leong Vik Ee (Nanyang Technological University, SINGAPORE)



### **Keynote: Neural sociometrics: Parent-infant neural social dynamics in early mental health and learning**

Victoria Leong is a developmental cognitive neuroscientist who has pioneered the use of dyadic-EEG to study parent-infant neural synchrony during naturalistic social interactions.

Dr Leong is Associate Professor of Psychology and Medicine at Nanyang Technological University (Singapore), Senior Honorary Fellow with the Department of Pediatrics at Cambridge University (UK), and Deputy Director of the Cambridge-NTU Centre for Lifelong Individualised Learning which aims to develop neuropersonalised training programmes for flexible learning across the lifespan.

Dr Leong is a recipient of the Federation of Associations in Behavioral and Brain Sciences Early Career Impact Award (2022), Nanyang Research Award (2022), MOE Social Sciences and Humanities Research Fellowship (Singapore, 2021), Parke Davis Exchange Fellowship (Harvard, 2015), Sutasoma Junior Research Fellowship (Cambridge, 2013-15) and the Cognitive Science Society Glushko Dissertation Prize (2014). She holds multiple research awards from A\*STAR, the Wellcome Trust, the British Academy, the UK Economic & Social Research Council, and the Rosetrees Medical Trust.

## Paul Delfabbro (University of Adelaide, AUSTRALIA)



### **Keynote: Emerging digital technologies and young people: Understanding the risks and benefits of the increasing intersections between gaming, gambling and speculative investments**

Paul Delfabbro is Professor of Psychology at the University of Adelaide, Australia. He graduated from the University of Adelaide with degrees in Arts, Commerce and Economics and a PhD in psychology.



Professor Delfabbro has published extensively in several areas, including the psychology of gambling, child protection and child welfare and applied cognition. He has over 400 publications in these areas including over 300 national and international refereed journal articles.

Professor Delfabbro has previously been rated in the top 1% of behavioural addictions researchers in the world by Thomson-Reuters in 2015 and has current interests in the intersection between gambling, gaming and blockchain technology and its psychological implications.

### **Shanaya Rathod** (Southern Health NHS Foundation Trust, UK)



#### **Keynote: Empowering youth: Celebrating culture and the art of cultural adaptation**

Shanaya Rathod is a Consultant Psychiatrist, Southern Health NHS Foundation Trust and visiting Professor to the University of Portsmouth. Professor Rathod hosts a wellbeing channel on Youtube: @VideosByShanaya.

Following her postgraduate medical education, she completed a doctorate in medicine, Certificate course in Managing health services with the Institute of Health Care Management, acquired a certificate of Advance Medical leader with British Association of Medical Managers, Masters in Leadership and Coaching and Mentoring credential.

Professor Rathod has been a Fellow with the National Institute of Health and Care Excellence and the mental health clinical lead of the Wessex Academic Health Sciences Network and Wessex Clinical Research Network. She held the position of Director of Research for Southern Health NHS Foundation Trust from 2011 – 2022.

Professor Rathod has influenced national strategy through her leadership and research over the years and has held a number of leadership roles in the NHS in medical, research and clinical management. She has published books, book chapters, papers in peer reviewed journals and lectured extensively at national and international events.

## Lara Farrell (Griffith University, AUSTRALIA)



**Keynote: Treatment of obsessive-compulsive disorder (OCD) in children and adolescents: Improving access to care and child outcomes**

Lara Farrell is a Clinical Psychologist and Professor within the School of Applied Psychology, and Deputy Director of the Centre for Mental Health, Griffith University, Gold Coast Campus.

Professor Farrell conducts clinical research in the field of childhood anxiety and obsessive-compulsive spectrum disorders. Her work has involved numerous highly cited clinical trials for child anxiety/phobias and OCD, including group treatments, intensive treatments, digital and virtual reality interventions, and novel pharmacological augmentation of CBT.

Professor Farrell has particular interests in understanding predictors and moderators of treatment response. She has published more than 130 peer-reviewed papers and/or chapters in her field of research. She is Editor-In-Chief for Clinical Child and Family Psychology Review. She has also been a regular Panel Member for the NHMRC and MRFF Grant Review Panels. She has received funding for research from Griffith University, Australian Rotary Mental Health Research, Foundation for Children, Gold Coast Hospital Foundation, Brisbane Catholic Education, Australian Research Council (ARC) and National Health and Medical Research Council (NHMRC) and the Medical Research Future Fund (MRFF). She oversees the “OCD Busters” and “Child Phobia” research treatment programs at Griffith University.

## Umar Toseeb (University of York, UK)



**Keynote: Genetic and environmental influences on mental health difficulties in young people with developmental language disorder**

Umar Toseeb is a Senior Lecturer at the University of York in England where he leads the Child and Adolescent Neurodevelopmental Diversity (CANDY) research group.

Dr Toseeb's research focuses around the development of children and adolescents with neurodevelopmental conditions, specifically their mental health. Dr Toseeb primarily fits statistical models to existing longitudinal datasets. In doing so he is able to adopt a developmental approach informed by a range of disciplines such as genetics, sociology, speech and language therapy.

**Anja Busse** (United Nations Office on Drugs and Crime, AUSTRIA)



**Keynote: Drug use disorders and related problems among young people**

Anja Busse is a Programme Officer at the Prevention, Treatment and Rehabilitation Section of United Nations Office on Drugs and Crime (UNODC) since 2005, where she coordinates UNODC's global projects on treatment and care of drug use disorders, including the UNODC-WHO Programme on Drug Dependence Treatment and Care.

Her work includes technical assistance to UN Member States in their efforts to improve accessibility and quality of services for people with drug use disorders in line with relevant international agreements. In the framework of the global projects, Anja has made key contributions or led the development and dissemination of internationally recognized technical tools such as the UNODC/WHO International Standards for the Treatment of Drug Use Disorders (2020) and related quality assurance tools, the UNODC/WHO handbook "Treatment and Care for People with drug use disorders in contact with the criminal justice system: Alternatives to conviction or punishment" (2019) or the UNODC Treatnet training materials on evidence-based drug use disorder treatment were developed. In the framework of the Treatnet strategy, Anja led the development of a capacity building package to address substance use and substance use disorders among adolescents, entitled "Treatnet Family – Elements of Elements of family therapy for the treatment of adolescents with drug and other substance use disorders including adolescents in contact with or at risk of contact with the criminal justice system", which by now has been implemented in more than 15 countries.

Anja is a Psychology graduate from the Freie Universitaet, Berlin and holds a Master of Public Health from the Medical School Hanover, Germany. She has been further trained in family therapy and in Media Pedagogics.

## Jennifer Allen (University of Bath, UK)



### **Keynote: Antisocial behaviour and callous-unemotional traits in children and adolescents in the school setting**

Jennifer Allen (PhD, Macquarie University) is a Reader in the Department of Psychology, University of Bath, where she is the Research Director on the professional doctorate in clinical psychology programme.

Her research investigates school and family influences in relation to child and adolescent mental health, and she has published over 50 journal articles, books, chapters, and assessment measures on these topics. Her work is designed to inform practitioners how to best support adults who children most rely on for their social and emotional well-being: their parents and teachers.

Dr Allen is an elected member of the Society for the Scientific Study of Psychopathy, serves on the editorial boards for the Journal of Child Psychology and Psychiatry and Research on Child and Adolescent Psychopathology, and recently won an award for her public engagement work in schools.

## Janet Wong Yuen-Ha (Hong Kong Metropolitan University, HONG KONG)



### **Keynote: Implementing sexual health education: The journey of bridging the know–do gap**

Janet Yuen-Ha Wong is Professor and Dean at the School of Nursing and Health Studies of Hong Kong Metropolitan University. Professor Wong obtained her professional qualifications and subsequently Doctor of Philosophy from The University of Hong Kong (HKU). During her PhD study, she was awarded the Fulbright Visiting Scholarship (2010-2011) for her post-doctorate experience in the University of Virginia in the United States.

During her term of service in HKU, she steered the modernization of undergraduate and postgraduate programmes and led major curriculum reform exercises as the Chair of Teaching & Learning.

Professor Janet Wong is also a Fellow of Australasian College of Health Service Management, Hong Kong College of Health Service Executives and Fellow of American Academy of Nursing. She joined Pi Iota Chapter, The Sigma Theta Tau of The International Honor Society of Nursing since 2013 and became the Asia Regional Coordinator in 2019-2023.

Her research area lies in health inequalities and vulnerabilities, including intimate partner violence, risky sexual behaviours, ethnic minority and sexual minority. Her research enhanced her capacity to know-how, fostered problem-solving skills, and disseminated nurse-driven innovations and evidence-informed practice to promote health. She is also committed to the innovation and scholarship of teaching and learning including high fidelity simulation, gamification, interprofessional education, virtual reality-based education, and robots. In both 2020 and 2021, she received the Teaching Innovation (Team) Awards in HKU, recognizing her dedicated efforts for excellence in teaching, for two consecutive years.

### Susan H. Spence (Griffith University, AUSTRALIA)



#### **Keynote: Depression and suicidal ideation and behaviour in adolescents**

Susan H Spence is an Emeritus Professor in the Australian Institute for Suicide Research and Prevention at Griffith University and Honorary Professor at the University of Queensland. Her previous positions included Deputy Vice Chancellor (Academic) at Griffith University, Dean, Division of Linguistics and Psychology at Macquarie University, and Head of School of Psychology and Professor at University of Queensland.

Her research focuses on the causes, assessment, prevention and treatment of anxiety and depression in young people. She has published widely in these areas and has received extensive national competitive grant funding to support her research. She was elected a Fellow of the Australian Psychological Society, British Psychological Society and the Academy of the Social Sciences in Australia. In 2016 she received the Honour of being appointed an Officer of the Order of Australia in recognition of her distinguished service to mental health research, particularly to prevention and treatment in young people and to tertiary education.

Professor Spence is the author of the Spence Children's Anxiety Scale, a measure that is widely used internationally and has been translated into over 20 languages. She was also one of the developers of BRAVE-ONLINE, an evidence-based internet-delivered treatment program for anxiety in children and adolescents.

**Toh Teck Hock** (SEGi University SibU Clinical Campus & SibU Hospital, MALAYSIA)



**Keynote: Cross-cultural similarities and differences in reporting autistic symptoms in toddlers**

Toh Teck Hock is a Paediatrician and the Head of Clinical Research Centre in SibU Hospital, SibU, Sarawak. He has worked in the UK, Singapore and Australia for numerous years as a paediatric trainee. Besides general paediatrics, he also works in the areas of developmental-behavioural paediatrics and community child health.

He is an Adjunct Professor for SEGi University Medical School as well as the Special Olympics Asia Pacific Regional Clinical Advisor in Health Promotion®, Vice President for the National Early Childhood Intervention Council, Council Member for Sarawak State Council for Early Childhood Education and Development, National Assessor for the Baby-Friendly Hospital Initiative and Secretary of the Association for Children with Special Needs SibU.

In addition to scientific papers, Professor Toh has published parent-teacher handbooks on ADHD and language development, children reading/colouring books, and books on Chinese literary prose/short stories. He is the recipient of The Outstanding Young Malaysian Award in 2010 for the Category “Contribution to Children, World Peace or Human Rights”, Special Education Network in Asia Advocacy Award in 2018, and numerous other awards/prizes for academic/work achievement over the years.

## Helen Dodd (University of Exeter, UK)



### **Keynote: The importance of play in supporting children's social and emotional wellbeing**

Helen Dodd is a Professor of Child Psychology in the College of Medicine and Health (CMH), University of Exeter. She is an expert in child mental health with a particular interest in the development of childhood anxiety disorders. Her research has been funded by the ESRC, Royal Society, British Academy, Kavli Foundation and the Australian Research Council. She has received awards for her research from the Anxiety Disorders Association of America (ADAA) and the British Psychological Society (BPS). Most recently she was awarded the Margaret Donaldson Award from the British Psychology Society for her outstanding contribution to developmental psychology.

Professor Dodd held an ESRC Future Research Leaders grant between 2014 and 2019 and currently holds a UKRI Future Leaders Fellowship, which funds a program of work examining the relationship between children's adventurous play and mental health. Helen regularly writes about children's play and contributes to public discussions about the role of play in supporting children's mental health. During the pandemic Helen played a leading role in the @playfirstUK group, who campaigned for children's play to be prioritised and for a #SummerOfPlay.

Alongside her work on adventurous play, Helen collaborates on a number of other projects which focus on better understanding pathways to anxiety in young children and how to support children and families to prevent mental health problems. She has expertise in longitudinal data analysis, eye tracking, observational research, experimental design and developmental psychology more broadly.

**Beatrice Leong (Autism Inclusiveness Direct Action Group, MALAYSIA)****Experience-Sharing Lecture: Implementing sexual health education: The journey of bridging the know-do gap**

After a lifetime of grappling with mental health challenges and faced with multiple misdiagnosis, Beatrice Leong was diagnosed with autism at the age of 35. This diagnosis and realisation brings a profound clarity to the lifelong struggles she had endured in trying to understand who she is as a human.

As a late-diagnosed autistic woman, Beatrice possesses a unique perspective and firsthand experience, allowing her to empathise with the complex challenges faced by girls and women seeking diagnosis and support. This experience had led Beatrice to be a founder of an autistic-led advocacy group, AIDA (Autism Inclusiveness Direct Action Group) to further champion inclusion and self-representation of the autistic community within the society, and lobbying autistics as an active participant in making policies that shape their lives.

A filmmaker and entrepreneur, Beatrice is driven by her insatiable curiosity and passion for new experiences and stories. An open book about her experiences, she now dedicates her life to reframing our understanding of autism, particularly in girls and women. She envisions a society that embraces differences and advocates for meaningful participation and inclusion of autistic individuals across all levels of society.



## WORKSHOP SPEAKERS

**Caroline Donovan** (Griffith University, AUSTRALIA)



### **Workshop: Treating sleep problems in children**

Caroline Donovan is a Clinical Psychologist and Professor within the School of Applied Psychology and the Centre for Mental Health at Griffith University. Professor Donovan has full registration as a Psychologist with the Australian Health Practitioner Regulation Agency (AHPRA) and is a member of the Australian Psychological Society and the APS College of Clinical Psychologists.

She has received over \$8.8 million worth of funding throughout her career and has published 13 book chapters and 95 peer reviewed journal articles. She has presented at numerous national and international conferences, is an Associate Editor of *Anxiety, Stress and Coping*, and is currently on the Editorial Boards of *Child Psychiatry and Human Development* and *Australian Psychologist*.

In addition to supervising PhD/DPsych students, Professor Donovan has a small private practice that she runs through the Griffith University Psychology Clinic. Her research philosophy centres around a strong belief in early intervention and its ability to change the otherwise problematic trajectories of youth with mental health disorders. Her interests lie in youth anxiety, depression, sleep and body image issues, with a strong emphasis on digital mental health interventions to increase reach and access to evidence-based psychological interventions for young people.

**Deborah Riby** (Durham University, UK)



### **Workshop: Translating research to practice: The Triple-A intervention to support autistic and neurodivergent pupils at school**

Deborah Riby is Professor of Developmental Psychology and Associate Pro-Vice Chancellor for Postgraduate Research Students at Durham University. She is also Co-Director of the Centre for Neurodiversity & Development interested in neurotypical development, neuro-developmental conditions, and neurodiversity.

Professor Riby's research predominantly focuses on Autism and Williams syndrome. She has used a variety of research approaches to understand areas of relative proficiency or challenge - exploring syndrome-specific signatures, cross-syndrome overlaps, and neurodiversity.

## Priscilla Ho (Creativity At Heart Penang, MALAYSIA)



### Workshops:

- Preventing anxiety and depression in young people using the Super Skills for Life programme.
- Using play and storytelling to promote children's mental health.

Priscilla Ho is a Certified Play Therapist (Play Therapy International, UK). She is the Founder of Creativity at Heart, a non-profit creative arts and development centre focusing on the emotional and mental wellbeing of young people since 2010.

She received the 2016 Merdeka Thumbs Up Award for advocating and leading the anti-bullying program: 'Be a Buddy not a Bully' in Penang. She was a speaker at TEDx Weld Quay (2014).

Priscilla inspires young people to identify their strengths, heal and empower themselves in the journey together with her. Never to put oneself down! Over the last 10 years her most meaningful works are with children chronically-ill, traumatized children in children-homes and remanded youths in juvenile home/reform school to reclaim their future.

She is the master trainer for Super Skills of Life (SSL) programme in Malaysia and trained more than 500 educators and community volunteers in implementing SSL and has implemented SSL to over 1500 children and adolescents in Penang.

She published a therapeutic activity book "I am Special", to help children who are traumatized, abused and neglected to express their thoughts and feelings (healing themselves from brokenness to wholeness).

## Bilge Uzun (Bahçeşehir Üniversitesi, TURKEY)



### **Workshop: Mindfulness in schools**

Bilge Uzun is Professor at the Department of Psychological Counselling and Guidance, Bahcesehir University, Turkey. She received her undergraduate, Master's and PhD degrees from Middle East Technical University, Turkey. Her master's and PhD theses were on various aspects of time management, specifically on procrastination.

Professor Uzun was a Visiting Scholar from various universities, including Humboldt University in Berlin and the University of Roehampton. She has received numerous grants from various government departments and European programs such as Erasmus and Comenius.

Her interests lie in procrastination, youth mental health, substance use and behavioral addiction, and cross-cultural psychology. Her research findings on culture sensitive procrastination were mentioned at New York Times. In recent years, she has focused research on Mindfulness and is an International Mindful School Trainer. She also provides trainings based on Search inside Yourself, Mindful Leadership, and Craft your Mind.

## Ennie Yong (GENIUS Kurnia, Ministry of Education, MALAYSIA)



### **Workshop: Supporting autistic children's communication with Augmentative and Alternative Communication (AAC)**

Yong Ennie has more than 15 years' experience as a speech-language therapist (SLT). Currently based at GENIUS Kurnia Centre in the Ministry of Education Malaysia, she regularly conducts autism, communication and play workshops for parents, teachers and other professionals.

Ennie also coaches other SLTs in autism-related subjects especially in utilising Augmentative and Alternative Communication (AAC) in Malaysia. She is trained in programmes such as The SPELL Framework, More Than Words (Hanan), Social Stories, Integrated Play Groups, SCERTS Model and PECS. She has qualifications in Speech Science (BSc [Hons], UKM), Special Education (Autism) [Postgraduate Diploma, UKM], and Autism (Msc [Distinction], University of Strathclyde, UK) with Chevening Scholarship.

## Sharon Allan (University of Roehampton, UK)



### Workshops:

- **Assessing attachment trauma and autism.**
- **Using Dialectical Behavioural Therapy skills in clinical setting.**
- **Risk assessment and management of young people who present a risk of serious harm.**

Sharon Allan obtained her BSc, MSc Applied Psychological Research, and PhD in Psychology at the University of Roehampton, UK. She is a chartered Psychologist with the British Psychological society.

Dr Allan has been working with Child & Adolescence Mental Health Services (CAMHS) with the NHS for seven years in various roles including: Deputy Manager/CAMHS practitioner; Youth Support Officer – Behavioural, Emotional & Neurological (BEN) pathway and her current role as County wide group lead. This is a national health care service (NHS) working with young people and families aged between 5- 18 years as part of a multidisciplinary team.

## Whye Lian Cheah (Universiti Malaysia Sarawak, MALAYSIA)



### Workshop: Preventing overweight and obesity in children using the ToyBox Malaysia

Whye Lian Cheah is Associate Professor in the Department of Community Medicine and Public Health, Faculty of Medicine and Health Sciences, Universiti Malaysia Sarawak, MALAYSIA. She has her degree in Nutrition, Master in Public Health and PhD in Community Nutrition.

Dr Cheah's research focused on the issues on assessment of nutritional status from children to adulthood, specialized at the community level. Her work also involves studies among the indigenous groups of Sarawak. She was the principal investigator of several projects focusing on non-communicable disease among children and adolescents in Sarawak and is the research lead for the Medical Research Council-funded project, the ToyBox Study Malaysia.

## PROGRAM AT A GLANCE - MONDAY

Day 1 (7 <sup>th</sup> August, 2023) – Monday		
7:30 – 17:00	Registration	Foyer
<b>Parallel sessions 1      8:00 – 9:30      (Rooms)</b>		
	<u>Mini Workshop 1:</u> Articles and research grant writing	(Olympia 1)
	<u>Symposium 1:</u> What and why these happen to our kids? Understanding emotional, behavioral and psychiatric disorders in kids and adolescents	(Eiffel 1)
	<u>Open Papers 1:</u> Mental health problems and suicidal behavior	(Eiffel 2)
	<u>Open Papers 2:</u> Special needs and inclusion	(Machu Picchu)
	<u>Featured Research Program – Malaysia:</u> Substance use among Malaysian youths: Prevalence, prevention and intervention (part 1)	(Colosseum 1)
<b>Parallel sessions 2      9:30 – 10:30</b>		
	<u>Symposium 2:</u> Autism and learning disorders	(Eiffel 1)
	<u>Symposium 3:</u> Supporting resilience in children through understanding and promoting the parenting-child relationship	(Olympia 1)
	<u>Symposium 4:</u> Children and young people's experiences of domestic violence: Findings from two Australian studies	(Machu Picchu)
	<u>Open Papers 3:</u> Mental health problems and mental health literacy across cultures	(Eiffel 2)
	<u>Featured Research Program – Malaysia:</u> Substance use among Malaysian youths: Prevalence, prevention and intervention (part 2)	(Colosseum 1)
10:30 – 11:00	Coffee break and Networking; Poster viewing	
8:00 – 11:00	<b>Workshop</b> (pre-registered): Preventing anxiety and depression in young people using the Super Skills for Life programme	(Gizza)
8:00 – 11:00	<b>Workshop</b> (pre-registered): Supporting Autistic Children's Communication with Augmentative and Alternative Communication (AAC)	(Taj Mahal)
11:00 – 13:030	<b>Opening ceremony</b>	(Colosseum 1)
	<b>Welcome and Keynote Address 1: Mitigating negative mental health and educational impacts of COVID-19 preventative measures</b>	

<b>Cultural Performance</b>		
<b>Opening Address:</b> Yang Berhormat Dato Sri Professor Dr Sim Kui Hian (Deputy Premier of Sarawak cum Minister for Public Health, Housing & Local Government of Sarawak)		
<b>12:15 – 13:00</b>	Keynote Address 2: <b>Preventing overweight and obesity in preschoolers with a multi-component kindergarten-based behavioural intervention: ToyBox Study Malaysia</b>	(Colosseum 1)
<b>13:00 – 13:45</b>	<b>Lunch and Networking; Poster viewing</b>	
<b>13:15 – 13:45</b>	<b>Poster session #1</b>	
<b>13:45 – 14:30</b>	Keynote Address 3: <b>The impact of attention, arousal and anxiety in the classroom for autistic and neurodivergent pupils</b>	(Colosseum 1)
<b>14:30 – 15:15</b>	Keynote Address 4: <b>Neural sociometrics: Parent-infant neural social dynamics in early mental health and learning</b>	(Colosseum 1)
<b>15:15 – 16:00</b>	Keynote Address 5: <b>Empowering youth: Celebrating culture and the art of cultural adaptation</b>	(Colosseum 1)
<b>16:00 – 16:15</b>	<b>Coffee break and Networking</b>	
<b>Parallel sessions 3                      16:15 – 17:30</b>		
<b>16:15 – 17:30</b>	<u>Symposium 5</u> : Adolescent mental health, self-esteem and coping during the COVID-19 pandemic <u>Symposium 6</u> : Parents as resources for kids to stay well <u>Case Studies</u> : Resilience Building <u>Open Papers 4</u> : Young people's perception of mental health/Emotion regulation <u>Featured Research Program – Malaysia</u> : Substance use among Malaysian youths: Prevalence, prevention and intervention (part 3)	(Machu Picchu) (Olympia 1) (Eiffel 1) (Eiffel 2) (Colosseum 1)
<b>15:45 – 18:45</b>	<b>Workshop</b> (pre-registered): Treating sleep problems in children	(Gizza)
<b>15:45 – 18:45</b>	<b>Workshop</b> (pre-registered): Assessing attachment trauma and autism	(Taj Mahal)

**DAY 1 – MONDAY (7<sup>th</sup> AUGUST 2023)**  
**8:00 – 9:30**

**Symposium 1: What and why these happen to our kids? Understanding emotional, behavioral and psychiatric disorders in kids and adolescents**

Chair: Nor Firdous Binti Mohamed (Universiti Pendidikan Sultan Idris, MALAYSIA)

Venue: Eiffel 1

**8:00 – 8:15**

**Understanding self-harm and help-seeking behaviour among adolescents: A qualitative Study**

**Suria Hussin**<sup>1</sup>, Noorul Amilin Harun<sup>1</sup>, Nik Suhaila Zakaria<sup>1</sup>,  
Lim Bee Chiu<sup>1</sup>, & Asrenee Abd Razak<sup>2</sup>

<sup>1</sup>Hospital Tengku Ampuan Afzan, Kuantan, MALAYSIA

<sup>2</sup> Universiti Sains Malaysia, Kelantan, MALAYSIA

**8:15 – 8:30**

**When kids say no to school: School refusal intervention program at Hospital Permai Johor Bahru**

**Nor Rahidah Abd Rahim**<sup>1</sup>, Farahidah Md Dai<sup>2</sup>, &  
Abd Kadir Abu Bakar<sup>1</sup>

<sup>1</sup>Hospital Permai Johor Bahru, MALAYSIA

<sup>2</sup>Hospital Sultanah Aminah, Johor Bahru, MALAYSIA

**8:30 – 8:45**

**Dissociation and childhood trauma**

**Noorul Amilin Harun** & Tg Mohd Saifuddin Tg Kamarulbahri  
Hospital Tengku Ampuan Afzan, Kuantan, MALAYSIA

**8:45 – 9:00**

**Emogamification to reduce emotional and behavioural risk of school dropout among primary students**

**Asma Perveen**

Sultan Idris Education University, MALAYSIA

**9:00 – 9:15**

**The parenting styles relationships with internet gaming disorders among adolescents in East Coast, Malaysia**

**Nor Firdous Mohamed**<sup>1</sup>, Nur Khairunisha Roshayat<sup>1</sup>, Bahbib  
Rahmatullah<sup>1</sup>, & Nur Amani Natasya Ahmad Tajuddin<sup>2</sup>

<sup>1</sup>Universiti Pendidikan Sultan Idris, MALAYSIA

<sup>2</sup>Universiti Malaya, MALAYSIA

## **Open Papers 1: Mental health problems and suicidal behavior**

Chair: Simona Skripkauskaitė (University of Oxford, UK)

Venue: Eiffel 2

- 8:00 – 8:15**                      **The moderating effect of reward feedback-elicited LPP on the associations between perceived stress and internalizing symptoms in late childhood**
- Jaron Tan** & Pan Liu  
North Dakota State University, USA
- 8:15 – 8:30**                      **Individual and environmental factors in internalizing disorders in children and adolescents**
- Poornima Viswanathan**<sup>1</sup>, Thomas Kishore<sup>2</sup>, Shekhar Seshadri<sup>2</sup>, & Binu<sup>2</sup>  
<sup>1</sup>Jindal Global University, INDIA  
<sup>2</sup>National Institute of Mental Health and Neurosciences (NIMHANS), INDIA
- 8:30 – 8:45**                      **For better or for worse? Latent transition analysis of children and young people’s mental health profiles across two years of Covid-19 pandemic**
- Ning Ding, **Simona Skripkauskaitė**, Cathy Creswell, & Polly Waite  
University of Oxford, UK
- 8:45 – 9:00**                      **Suicidal risk in secondary school adolescents in post-pandemic times: The EPISDAM-School**
- Adriana Garcia-Ramos,<sup>1</sup> Wala Ayad-Ahmed,<sup>2</sup> Marta Velazquez,<sup>3</sup> Alberto Sanchez-Fernandez-Quejo,<sup>1</sup> Maria Camila Varela-Mora<sup>1</sup>, Claudia Sanchez-Gomez<sup>1</sup>, Paula Arias-Rodriguez<sup>1</sup>, Nicole Frontero,<sup>4</sup> Paola Marin-Santos,<sup>1</sup> Elvira Elvira-Flores,<sup>1</sup> Veronica Fernandez-Rodrigues,<sup>1,2</sup> & **Alejandro de la Torre-Luque**<sup>1,5</sup>  
<sup>1</sup>Complutense University of Madrid, SPAIN  
<sup>2</sup>San Carlos Clinic Hospital, SPAIN  
<sup>3</sup>Autonomous University of Madrid, SPAIN  
<sup>4</sup>Polytechnic University of Madrid, SPAIN  
<sup>5</sup>CIBERSAM ISCIII, SPAIN



**Featured Research Program – Malaysia: Substance use among Malaysian youths: Prevalence, prevention and intervention (part 1)**

Research Program Chair: Suzaily Wahab (Universiti Kebangsaan Malaysia, MALAYSIA)

Venue: Colosseum 1

**8:00 – 8:15**

**Prevalence of drug abuse among school-going adolescents in Malaysia**

Rozmi Ismail<sup>1</sup>, **Nurul Shafini Shafuridin**<sup>1</sup>, Azmawati Mohammed Nawi<sup>1</sup>, Norhayati Ibrahim<sup>1</sup>, Mohd Rizal Abdul Manaf<sup>1</sup>, Mohd Rohaizat Hassan<sup>1</sup>, Noh Amit<sup>1</sup>, Fauziah Ibrahim<sup>1</sup>, Novel Anak Lyndon<sup>1</sup>, Roziah Mohd Rasdi<sup>2</sup>, Siti Aishah Hassan<sup>2</sup>, & Norshafizah Hanafi<sup>3</sup>

<sup>1</sup>Universiti Kebangsaan Malaysia, MALAYSIA

<sup>2</sup>Universiti Putra Malaysia, MALAYSIA

<sup>3</sup>Universiti Utara Malaysia Kuala Lumpur, MALAYSIA

**8:15 – 8:30**

**Prevalence and patterns of polysubstance use among adolescent ever users in the selective hot spots of Malaysia**

Rozmi Ismail<sup>1</sup>, **Fathimath Nahla**<sup>1</sup>, Nurul Shafini Shafuridin<sup>1</sup>, Mohd Rizal Abd Manaf<sup>2</sup>, Azmawati Md Nawi<sup>2</sup>, Roziah Md Rasdi<sup>3</sup>, Norhayati Ibrahim<sup>1</sup>, Novel Lyndon<sup>1</sup>, Fauziah Ibrahim<sup>1</sup>, Noh Amit<sup>1</sup>, Siti Aishah Hassan<sup>3</sup> & Norshafizah Hanafi<sup>4</sup>

<sup>1</sup>Universiti Kebangsaan Malaysia, MALAYSIA

<sup>2</sup>Universiti Kebangsaan Malaysia Medical Centre, MALAYSIA

<sup>3</sup>Faculty of Education Studies, Univeristi Putra Malaysia, MALAYSIA

<sup>4</sup>Univeristi Utara Malaysia Kuala Lumpur, MALAYSIA

**8:30 – 8:45**

**Prevalence of psilocybin use in vaping and associated Factors: A study among polysubstance Amphetamine-Types Stimulant (ATS) dependent**

**Ruzmayuddin Mamat**<sup>1,2,5</sup>, Rusdi Abd Rashid<sup>2</sup>, Sim Maw Shin<sup>1</sup>, Baharuddin Ibrahim<sup>1</sup>, Suzaily Wahab<sup>3</sup>, & Azmir Ahmad<sup>4</sup>

<sup>1</sup>University Malaya, MALAYSIA

<sup>2</sup>University Malaya Centre for Addiction Science (UMCAS), MALAYSIA

<sup>3</sup>Universiti Kebangsaan Malaysia Medical Centre (UKMMC), MALAYSIA

<sup>4</sup>International Islamic University of Malaysia (IIUM), MALAYSIA

<sup>5</sup>Ministry of Health, MALAYSIA

**8:45 – 9:00**                      **Use of cannabidiol (CBD) for the treatment of autistic Spectrum Disorder with behavioural issues: The Malaysian perspectives**

Pon Suek Xuan, Ruwinah Abdul Karim, & **Rusdi Abd Rashid**  
University of Malaya Centre for Addiction Sciences (UMCAS),  
MALAYSIA

**9:00 – 9:15**                      **Association analysis of a GSTP1 functional polymorphism with methamphetamine dependence and associated symptoms in a multi-ethnic Malaysian population**

**Hasif Adli Zakariah**<sup>1</sup>, Nik Nur Syaheerah Nik Abdul Rahman, Wu Yuan Seng, Suzaily Wahab<sup>2</sup>, Rusdi Abd Rashid<sup>1</sup>, & Sim Maw Shin<sup>1</sup>  
<sup>1</sup>Universiti Malaya, MALAYSIA  
<sup>2</sup>Universiti Kebangsaan Malaysia Medical Centre, MALAYSIA

**9:15 – 9:30**                      **Substance cravings, readiness to change and perceived social support as determinants of treatment motivation for amphetamine-type stimulant use disorder among youths in Malaysian rehabilitation centres**

**Suzaily Wahab**<sup>1</sup>, Amirul Danial Azmi<sup>1</sup>, Nor Ba'yah Abdul Kadir<sup>2</sup>, & Siti Rahmah Awang<sup>3</sup>  
<sup>1</sup>Universiti Kebangsaan Malaysia Medical Centre, MALAYSIA  
<sup>2</sup>Universiti Kebangsaan Malaysia, MALAYSIA  
<sup>3</sup>Universiti Teknologi Malaysia, MALAYSIA

**Mini Workshop 1: Articles and research grant writing: Tips to increase success rates**

Venue: Olympia 1

**8:00 – 9:30**                      **Peter Phiri** (Southern Health NHS Foundation Trust, UK)

## **Open Papers 2: Special needs and inclusion**

**Chair:** Adriana Chee Jing Chieng (University of Nottingham Malaysia, MALAYSIA)

**Venue:** Machu Picchu

**8:00 – 8:15**

### **Bridging the communication gap: Lexical Alignment in online interaction for autistic children aged 6-8 years old**

**Adriana Chee Jing Chieng**<sup>1</sup>, Tze Peng Wong<sup>1</sup>, Camille Wynn<sup>2</sup>, Tyson Barrett<sup>3</sup>, & Stephanie Borrie<sup>3</sup>

<sup>1</sup>University of Nottingham Malaysia, MALAYSIA

<sup>2</sup>University of Houston, USA

<sup>3</sup>Utah State University, USA

**8:15 – 8:30**

### **Well-being at school for children with Down syndrome: A cross-informant approach**

**Hana D'Souza**<sup>1</sup>, Elian Fink<sup>2</sup>, Rory Devine<sup>3</sup>, Michael Thomas<sup>4</sup>, & Claire Hughes<sup>5</sup>

<sup>1</sup>Cardiff University, UK

<sup>2</sup>University of Sussex, UK

<sup>3</sup>University of Birmingham, UK

<sup>4</sup>Birkbeck, University of London, UK

<sup>5</sup>University of Cambridge, UK

**8:30 – 9:00**

### **Eating skills in children with autism via video modeling: An evaluation of face and content validity**

**Nurul Khairani Ismail**<sup>1</sup>, Hasrul Hosshan<sup>2</sup>, Nurbieta Abd Aziz<sup>3</sup>, Abdul Halim Masnan<sup>4</sup>, Mohd Muslim Md Zali<sup>5</sup>, & Norsayyidatina Che Rozubi<sup>6</sup>

<sup>1,2,3,4,5,6</sup>Sultan Idris Education University, Tanjong Malim, MALAYSIA

<sup>2,4</sup> National Child Development Research Centre, Tanjong Malim, MALAYSIA

**9:00 – 9:15**

### **Document analysis of support for disabled preschool children's transition to mainstream primary school in China**

**Qian Jiang**, Tze Peng Wong, & Subarna Sivapalan  
University of Nottingham, MALAYSIA

**DAY 1 – MONDAY (7<sup>th</sup> AUGUST 2023)****9:30 – 10:30****Symposium 2: Autism and learning disorders****Chair:** Umar Toseeb (University of York, UK)

Venue: Eiffel 1

**9:30 – 9:45****Can an evidence-based approach meet the socio-emotional difficulties of children indicated with developmental language disorder (DLD)?****Shaun Goh<sup>1</sup>**, Hillary Lim, Boon Yen Lau, Isaac Petersen, Yong Hwee Nah<sup>1</sup>, & Sylvia Choo<sup>4</sup><sup>1</sup>National Institute of Education, Nanyang Technological University, SINGAPORE<sup>2</sup>Ministry of Education, SINGAPORE<sup>3</sup>University of Iowa, USA<sup>4</sup>KK Women's and Children's Hospital, SINGAPORE**9:45 – 10:00****Following the autistic child's lead: Adult-child word coordination in online conversations****Tze Peng Wong<sup>1</sup>**, Adriana Chieng<sup>1</sup>, Camille Wynn<sup>2</sup>, Tyson Barrett<sup>3</sup> & Stephanie Borrie<sup>3</sup><sup>1</sup>University of Nottingham Malaysia, MALAYSIA<sup>2</sup>University of Houston, USA<sup>3</sup>Utah State University, USA**10:00 – 10:15****Predictors of outcomes among children with special educational needs in Singapore: Insights from a three-year longitudinal study****Shaun Goh<sup>1</sup>**, Mariam Aljunied<sup>2</sup>, Shang Chee Chong<sup>3</sup>, Sylvia Choo<sup>4</sup>, Sarinajit Kaur<sup>2</sup>, Chiew Lim Lee<sup>1</sup>, Yong Hwee Nah<sup>1</sup>, Roodra Veera<sup>1</sup>, Nicolette Waschl<sup>1</sup>, & **Kenneth Poon<sup>1</sup>**<sup>1</sup>National Institute of Education, Nanyang Technological University, SINGAPORE<sup>2</sup>Ministry of Education, SINGAPORE<sup>3</sup>National University Health System, SINGAPORE<sup>4</sup>KK Women's and Children's Hospital, SINGAPORE**10:15 – 10:30****Cognitive behaviour therapy (CBT) for children with reading difficulties: A case study****Julia Ai Cheng Lee** & Chuong Hock, Ting

Universiti Malaysia Sarawak (UNIMAS), MALAYSIA

**Symposium 3: Supporting resilience in children through understanding and promoting the parenting-child relationship**

Chair: Jennifer Sie Hee Kiing (Department of Paediatrics, Yong Loo Lin School of Medicine, National University of Singapore, SINGAPORE)

Venue: Olympia 1

**9:30 – 9:45**

**Screen time viewing patterns and socio emotional correlates in a preschool population in Singapore**

Kang Ying Qi<sup>1,2</sup>, Ramkumar Aishworiya<sup>1,2</sup>, Tammy Lim<sup>1,2</sup>, Kalyani Mulay<sup>1,2</sup>, Tan Mae Yue<sup>1,2</sup>, Chong Shang Chee<sup>1,2</sup>, Chan Yiong Huak<sup>3</sup>, & **Jennifer Sie Hee Kiing**<sup>1,2</sup>

<sup>1</sup>Department of Paediatrics, Yong Loo Lin School of Medicine, National University of Singapore, SINGAPORE

<sup>2</sup>Child Development Unit, Khoo Teck Puat-National University Children's Medical Institute, National University Health System, SINGAPORE

<sup>3</sup>Biostatistics Unit, Yong Loo Lin School of Medicine, National University of Singapore, SINGAPORE

**9:45 – 10:00**

**Reading practices of parents with children with developmental difficulties**

**Goon Tat Ong**, Jing Jing Chiang, Aishworiya Ramkumar, & Young Ern Saw

Khoo Teck Puat-National University Children's Medical Institute, National University Health System, SINGAPORE

**10:00 – 10:15**

**Promoting Resilience through Children's Socio-Emotional Competence - A Parent Training Workshop**

**Esther Tan Yi Jing**<sup>1</sup>, Lee Hui Jun<sup>1</sup>, Chiang Jing Jing<sup>1</sup>, Aishworiya Ramkumar<sup>1,2</sup>, & Jennifer Kiing<sup>1,2</sup>

<sup>1</sup>Child Development Unit, Khoo Teck Puat-National University Children's Medical Institute, National University Health System, SINGAPORE

<sup>2</sup>Department of Paediatrics, Yong Loo Lin School of Medicine, National University of Singapore, SINGAPORE

**10:15 – 10:30**                      **Brazelton Touchpoints interactive training of healthcare professionals and early childhood educators in child and family engagement**

Li Wei Wen<sup>1</sup>, **Elizabeth Ragen**<sup>1</sup>, Pang Lee Yien<sup>1</sup>, Chong Shang Chee<sup>1,2</sup>, Chan Yiong Huak<sup>3</sup>, Ramkumar Aishworiya<sup>1,2</sup>, Alicia Lim<sup>4</sup>, & Jennifer Kiing<sup>1,2</sup>

<sup>1</sup>Child Development Unit, Khoo Teck Puat-National University Children's Medical Institute, National University Health System, SINGAPORE

<sup>2</sup>Department of Paediatrics, Yong Loo Lin School of Medicine, National University of Singapore, SINGAPORE

<sup>3</sup>Biostatistics Unit, Yong Loo Lin School of Medicine, National University of Singapore, SINGAPORE

<sup>4</sup>Allied Health Professional Group, AWWA Ltd, SINGAPORE

**Symposium 4: Children and young people's experiences of domestic violence: Findings from two Australian studies**

Chair: Kate Fitz-Gibbon (Monash University, AUSTRALIA)

Venue: Machu Picchu

**9:30 – 9:45**                      **Experiences, impacts and support needs of children affected by domestic and family violence**

**Silke Meyer**

Griffith University, AUSTRALIA

**9:45 – 10:00**                      **Adolescent family violence in Australia: findings from a national study of prevalence, use of and exposure to violence, and support needs**

**Kate Fitz-Gibbon**

Monash University, AUSTRALIA

**10:00 – 10:15**                      **Children and young people's experiences of seeking help and navigating the domestic and family violence system in an Australian jurisdiction**

**Jasmine McGowan**

Monash University, AUSTRALIA

### **Open Papers 3: Mental health problems and mental health literacy across cultures**

Chair: Farah Deena Abd Samad (Universiti Kebangsaan Malaysia, MALAYSIA)

Venue: Eiffel 2

- 9:30 – 9:45**                      **Parenting practices and attitudes towards adolescent mental health in Malaysia**
- Darlene Koh<sup>1</sup>, **Liz Jones**<sup>2</sup>, Patrick Olivier<sup>1</sup>, & Marie Yap<sup>1</sup>  
<sup>1</sup>Monash University, Melbourne, AUSTRALIA  
<sup>2</sup>Monash University Malaysia, MALAYSIA
- 9:45 – 10:00**                      **The wellbeing of Maltese children**
- Carmel Cefai**, Rachel Spiteri, Natalie Galea, & Marie Briguglio  
 University of Malta, MALTA
- 10:00 – 10:15**                      **Exploring social skills difficulties of youth with HFASD in Malaysia: Comparison of perspectives from youth, parents and professionals**
- Farah Deena Abd Samad**, Wan Salwina Wan Ismail, Noorlaili Mohd Tohit@MohdTauhid, Norazlin Kamal Nor, Mohd Akif Farhan Ahmad Basri, Chong Siew Koon, & Shalisah Sharip  
 Universiti Kebangsaan Malaysia, MALAYSIA
- 10:15 – 10:30**                      **Cultural Competency Training for Children and Adolescent CBT Trainee**
- Peter Phiri** (Southern Health NHS Foundation Trust, UK)
- 10:30 – 11:00**                      **Evaluating a prototype digital mental health literacy intervention for young people aged 11-15 in Java, Indonesia: A mixed methods, multi-site case study evaluation**
- Helen Brooks**<sup>1</sup>, Irman Irmansyah<sup>2</sup>, Armaji Kamaludi<sup>2</sup>, Rebecca Pedley<sup>1</sup>, Laoise Renwick<sup>1</sup>, Atik Puji Rahayu<sup>2</sup> & Christa Manik<sup>2</sup>  
<sup>1</sup>University of Manchester, UK  
<sup>2</sup>National Research and Innovation Agency, BRIN, INDONESIA

**Featured Research Program – Malaysia: Substance use among Malaysian youths: Prevalence, prevention and intervention (part 2)**

Research Program Chair: Suzaily Wahab (Universiti Kebangsaan Malaysia, MALAYSIA)

Venue: Colosseum 1

**9:30 – 9:45**

**An adaptation and validation of the Cocaine Craving Questionnaire among Malaysian abusing amphetamine-type stimulants**

**Amirul Danial Azmi**<sup>1</sup>, Suzaily Wahab<sup>1</sup>, Normah Mustaffa<sup>2</sup>, Norhayati Ibrahim<sup>2</sup>, Mohammad Faidzul Nasrudin<sup>2</sup>, Noor Alaudin Abdul Wahab<sup>2</sup>, & Mohd Juzaidin Ab Aziz<sup>2</sup>

<sup>1</sup>Universiti Kebangsaan Malaysia Medical Centre, MALAYSIA

<sup>2</sup>Universiti Kebangsaan Malaysia, MALAYSIA

**9:45 – 10:00**

**Teacher's self-efficacy (TSE) and teaching competency (TC) of secondary school teachers in drug education**

**Ciptro Handrianto**<sup>1</sup>, Ahmad Jazimin Jusoh<sup>2</sup>, Nazre Abdul Rashid<sup>3</sup>, Suzaily Wahab<sup>4</sup>, Azizi Abdullah<sup>5</sup>, Mohammad Khatim Hasan<sup>6</sup>, & M Arinal Rahman<sup>7</sup>

<sup>1,2,3</sup>Sultan Idris Education University, MALAYSIA

<sup>4,5,6</sup>Universiti Kebangsaan Malaysia, MALAYSIA

<sup>7</sup>Akademi Maritim Nusantara Banjarmasin, INDONESIA

**10:00 – 10:15**

**Modelling parents' engagement in drug prevention program**

**Siti Salina Abdullah**, Nor Hayati Sa'at, Azizah Othman, Khuzaimah Mustapa, & Engku Nurnajihah Che Ku Muda  
Universiti Malaysia Terengganu, MALAYSIA

**10:15 – 10:30**

**The effectiveness of KAL Drug and Substance Abuse Psychoeducation Prevention Modules towards knowledge, attitudes and drug locus of control in high-risk society**

**Amin Al Haadi Shafie**<sup>1</sup>, Khatijah Othman<sup>1</sup>, Dini Farhana Baharudin<sup>1</sup>, Rafidah Aga Mohd Jaladin<sup>2</sup>, Salleh Amat<sup>3</sup>, Nurhafizah Yasin<sup>1</sup>, & Mohd Azwan Abd Halim<sup>1</sup>

<sup>1</sup>Univesiti Sains Islam Malaysia, MALAYSIA

<sup>2</sup>Universiti Malaya, MALAYSIA

<sup>3</sup>Universiti Kebangsaan Malaysia, MALAYSIA



**POSTER VIEWING SESSION**

Time: 13:00 – 13:45 (poster session: 13:15 – 13:45)

Venue: Colosseum 1

- P01**      **Pandemic-related stress among primiparous and multiparous women during pregnancy**  
 Sergio Martínez Vázquez<sup>1,2</sup>, **Alejandro De la Torre-Luque**<sup>2</sup>, Rafael A. Caparros-Gonzalez<sup>3</sup>, & Blanca Riquelme Gallego<sup>4</sup>  
<sup>1</sup>Universidad de Jaén, SPAIN  
<sup>2</sup>Universidad Complutense de Madrid, CIBERSAM ISCIII, SPAIN  
<sup>3</sup>Universidad de Granada, SPAIN  
<sup>4</sup>Inst. Invest Biosanitaria Ibs GRANADA, SPAIN
- P02**      **Parent-child communication about educational aspirations: What are adolescents in rural China saying?**  
**Xiaodi Chen**<sup>1</sup>, Jennifer L. Allen<sup>2</sup>, Eirini Flouri<sup>3</sup>, Xinyi Cao<sup>3</sup>, & Therese Hesketh<sup>1</sup>  
<sup>1</sup>University College London, UK  
<sup>2</sup>University of Bath, UK  
<sup>3</sup>UCL Institute of Education, UK
- P03**      **Prevalence of early regulatory problems in children with Autism Spectrum Disorder (ASD)**  
**Pek Sern Lim**<sup>1</sup>, Norazlin Kamal Nor<sup>1</sup>, Sathyabama Ramachandram<sup>2</sup>, & Yang Wai Wai<sup>1</sup>  
<sup>1</sup>The National University of Malaysia, Kuala Lumpur, MALAYSIA  
<sup>2</sup>Hospital Pulau Pinang, MALAYSIA
- P04**      **Developing REALTM module, social emotional-based learning for Malaysian adolescents using the modified delphi approach**  
**Aimi Nur Athira Putri Bharuddin**, Nik Ruzyanei Nik Jaafar, Abdul Rahman Ahmad Badayai, Hajar Mohd Salleh Sahimi, & Nur Husna Ismail  
 Universiti Kebangsaan Malaysia, MALAYSIA
- P05**      **Exploring foster parents' coping of grief related to foster children's reunification**  
**Shahida Abdullah**<sup>1</sup>, Pei Yu Lee<sup>1</sup>, Adrienne Sng<sup>1</sup>, Sharina Mohamed Amran<sup>1</sup>, & Alex E. Y. Lee<sup>2</sup>  
<sup>1</sup>Boys' Town, SINGAPORE  
<sup>2</sup>National University of Singapore (NUS), SINGAPORE

**P06 Associations between autistic traits and behavioral measures of executive functions amongst two- and three-year-olds with a family history of autism or ADHD**

**Alexandra Hendry**<sup>1</sup>, Emily Jones<sup>2</sup>, Mark H. Johnson<sup>3</sup>, Tony Charman<sup>4</sup>, & the BASIS STAARS team

<sup>1</sup>University of Oxford, UK

<sup>2</sup>Birkbeck University of London, UK

<sup>3</sup>University of Cambridge, UK

<sup>4</sup>Institute of Psychiatry, Psychology & Neuroscience, King's College London, UK

**P07 Family history of ADHD associates with stronger problem-solving skills amongst 2- to 3-year-olds**

**Alexandra Hendry**<sup>1</sup>, Emily Jones<sup>2</sup>, Mark H. Johnson<sup>3</sup>, Tony Charman<sup>4</sup>, & the BASIS STAARS team

<sup>1</sup>University of Oxford, UK

<sup>2</sup>Birkbeck University of London, UK

<sup>3</sup>University of Cambridge, UK

<sup>4</sup>Institute of Psychiatry, Psychology & Neuroscience, King's College London, UK

**P08 Cyberbullying, social media addiction and associations with depression, anxiety and stress among medical students in Malaysia**

**Michelle Hui Lim Lee**<sup>1</sup>, Manveen Kaur<sup>2</sup>, Vinorra Shaker<sup>3</sup>, Anne Yee<sup>2</sup>, Rohana Sham<sup>3</sup>, & Ching Sin Siau<sup>4</sup>

<sup>1</sup>Hospital Sentosa, MALAYSIA

<sup>2</sup>University Malaya, MALAYSIA

<sup>3</sup>Asia Pacific University of Technology and Innovation, MALAYSIA

<sup>4</sup>Universiti Kebangsaan Malaysia, MALAYSIA

**P09 Developing Socio-emotional Competence Youths through Community Mental Health Program**

**Chase Tan Yen Zhong**

Thrive Well Sdn Bhd, MALAYSIA

**P10 Social and Emotional Development among Malaysia urban low-income preschool: the role of children's temperament and mothers' perceived stress**

**Laili Harlina Khairuddin**<sup>1</sup> & Zainal Madon<sup>2</sup>

<sup>1,2</sup>Universiti Putra Malaysia, MALAYSIA

**DAY 1 – MONDAY (7<sup>th</sup> AUGUST 2023)**  
**16:15 – 17:30**

**Symposium 5: Adolescent mental health, self-esteem and coping during the COVID-19 pandemic**

Chair: Blossom Fernandes (London School of Hygiene and Tropical Medicine, UK)

Venue: Machu Picchu

**16:15 – 16:30**                      **Pandemic anxiety, mental health, social media use and coping strategies among Indian students during COVID-19 lockdown**

**Urmi Nanda Biswas**

Ahmedabad University, Ahmedabad, INDIA

**16:30 – 16:45**                      **The moderating role of self-esteem on the association between loneliness and social media use among Filipino students during the COVID-19 lockdown**

**Roseann Tan-Mansukhani**

De La Salle University Manila, PHILIPPINES

**16:45 – 17:00**                      **Impact of loneliness on mental health, self - esteem and academic difficulties of young people in the UK during the COVID-19 lockdown**

**Blossom Fernandes**

London School of Hygiene and Tropical Medicine, UK

**17:00 – 17:15**                      **Cross-Cultural Adaptation of COVID-19 Related Anxiety Scale for Children: Evidence from Pakistan**

**Nazia Mustafa**, Aneela Maqsood & Ambreen Rashid

Fatima Jinnah Women University, Rawalpindi, PAKISTAN

**Symposium 6: Parents as resources for kids to stay well**

Chair: Kartini Ilias (UiTM Cawangan Selangor, MALAYSIA)

Venue: Olympia 1

- 16:15 – 16:30**                      **Exploring Roles of Digital Technology in Sustaining Mental Health among Parents of Children with Autism Spectrum Disorders (ASD) during Covid-19 Pandemic: A Preliminary Qualitative Study**
- Kartini Ilias**<sup>1</sup>, Nur Azma Amin<sup>2</sup>, & Shafiah Rosli<sup>1</sup>  
<sup>1</sup>UiTM Cawangan Selangor, Kampus Puncak Alam, MALAYSIA  
<sup>2</sup>Universiti Kuala Lumpur Institute of Medical Science Technology, MALAYSIA
- 16:30 – 16:45**                      **Mental Health Literacy Survey among Parents of Children with Autism Spectrum Condition: A Preliminary Study**
- Siti Amirah Syarafana Shalihin**<sup>1</sup>, Kartini Ilias<sup>1</sup>, Nur Azma Amin<sup>2</sup>, & Ahmad Zamir Che Daud<sup>1</sup>  
<sup>1</sup>Universiti Teknologi MARA (UiTM) Cawangan Selangor, Kampus Puncak Alam, MALAYSIA  
<sup>2</sup>Universiti Kuala Lumpur Kajang Selangor, MALAYSIA
- 16:45 – 17:00**                      **Parent’s Knowledge, Attitude and Decision on HPV Vaccination for Their Adolescents Girls in Kuantan and Pekan, Pahang**
- Siti Hazariah Abdul Hamid**<sup>1</sup>, Fathin Insyirah Fared Salem<sup>2</sup>, & Siti Roshaidai Mohd Arifin<sup>1</sup>  
<sup>1</sup>International Islamic University Malaysia, MALAYSIA  
<sup>2</sup>National Health Institute, MALAYSIA
- 17:00 – 17:15**                      **Stressful intrapersonal and interpersonal experience for parents of Type 1 diabetes mellitus child**
- Mohd Nazir Mohd Nazori**, Nurulwahida Saad, Muhd Alwi Muhd Helmi, & Muhamad Ariff Ibrahim  
International Islamic University Malaysia, MALAYSIA

**Case Studies: Resilience Building**

Chair: Lissa Ramsepaul (American University, USA)

Venue: Eiffel 1

- 16:15 – 16:30**                    **Impact of drug misuse on childhood experiences – A multigenerational case study of South Asian family**
- Lissa Ramsepaul**  
American University, USA
- 16:30 – 16:45**                    **Therapeutic play and art programme for foster children – Sharing of 2 Case Studies from a Singapore Fostering Agency**
- Noor Aaqilah Abdul Latiff & **Intrisaridewi Ali**  
PPIS Oasis Centre for Fostering, SINGAPORE
- 16:45 – 17:00**                    **Effectiveness of Project Grit, a youth resilience programme, among adolescents with cyber addiction: A case study**
- Narash Narasimman & **Calvin Leong**  
Impart Ltd, SINGAPORE
- 17:00 – 17:15**                    **Effectiveness of Project Grit in building resilience among at-risk adolescents: A case study**
- Narash Narasimman** & Calvin Leong  
Impart Ltd, SINGAPORE

#### **Open Papers 4: Young people's perception of mental health/Emotion regulation**

Chair: Guat See Ooi (Universiti Sains Malaysia, MALAYSIA)

Venue: Eiffel 2

**16:15 – 16:30**                    **“I just want someone who won’t freak out when I tell them stuff”:  
A qualitative investigation into care-leavers’ experiences of  
accessing mental health support**

**Alice R Phillips**, Sarah Halligan, Rachel Hiller, & David Wilkins  
University of Bath, UK

**16:30 – 16:45**                    **The association between adolescents’ online behaviours and  
mental health and loneliness**

**Simona Skripkauskaite**, Holly Bear, Mina Fazel, & the OxWell Study  
Team  
University of Oxford, UK

**16:45 – 17:00**                    **What do young people say about mental health? Key findings from  
a mixed method study**

**Guat See Ooi**, Yue Yin Soo, & Xiu Yi Tor  
Universiti Sains Malaysia, MALAYSIA

**17:00 – 17:15**                    **Revisiting student well-being: Fostering resilience and embracing  
life**

**Siti Norhedayah Abdul Latif**<sup>1</sup>, Siti Noor Naasirah Syahiirah Abdullah  
Teo<sup>2</sup>, Dk Sri Muliaty Pg Mohamed<sup>2</sup>, & Zuraifah Mohd Tahir<sup>2</sup>  
<sup>1</sup>Universiti Brunei Darussalam, BRUNEI  
<sup>2</sup>Ministry of Education, BRUNEI

**17:15 – 17:30**                    **Associations between adverse childhood experiences and  
emotion regulation: The mediating role of self-esteem**

**Bao Jie Chang** & Chin Choo Yap  
Sunway University, MALAYSIA

**Featured Research Program – Malaysia: Substance use among Malaysian youths: Prevalence, prevention and intervention (part 3)**

Research Program Chair: Suzaily Wahab (Universiti Kebangsaan Malaysia, MALAYSIA)

Venue: Colosseum 1

**16:15 – 16:30                      Youth drug addiction vulnerability prediction using machine learning approach based on socio-behavioral features**

**Siti Zulaikha Kamal Arifin**<sup>1</sup>, Siti Norul Huda Sheikh Abdullah<sup>1</sup>, Rozmi Ismail<sup>1</sup>, Ahmad Mustafa Al-Aboosi<sup>1</sup>, & Mahadzir Elias<sup>2</sup>

<sup>1</sup>Universiti Kebangsaan Malaysia, MALAYSIA

<sup>2</sup>National Anti-Drugs Agency (NADA) Malaysia, MALAYSIA

**16:30 – 16:45                      Drug abuse risk prediction based on geo-spatial features and machine learning**

**Wan Nor Haziqah Binti Wan Mustafa**<sup>1</sup>, Siti Norul Huda Sheikh Abdullah<sup>1</sup>, Mohammed Ariff Abdullah<sup>2</sup>, Suzaily Wahab<sup>3</sup>, & Mahadzir Elias<sup>4</sup>

<sup>1</sup>Universiti Kebangsaan Malaysia, MALAYSIA

<sup>2</sup>Internet of Things Product Specialist Telekom Malaysia, MALAYSIA

<sup>3</sup>Universiti Kebangsaan Malaysia Medical Centre, MALAYSIA

<sup>4</sup>National Anti-Drugs Agency (NADA) Malaysia, MALAYSIA

**16:45 – 17:15                      General Discussion**

**Abstracts for Oral Presentations**  
**Day 1 – Monday (7<sup>th</sup> August, 2023)**



## PROGRAM AT A GLANCE – TUESDAY

Day 2 (8<sup>th</sup> August, 2023) – Tuesday

**8:00 – 17:00** Registration Foyer (lobby)

**Parallel sessions 4 8:00 – 9:15**

Symposium 7: Obesity in adolescents – Malaysians' perspective (Colosseum 1)

Symposium 8: Well-being matters: The dynamics of mental health and well-being in young people (Eiffel 1)

Symposium 9: The Masayang Pamilya Program: Evidence-based parenting support intervention for Filipino families (Olympia 1)

Symposium 10: Creating sustainable ripples: Strengthening support for students with social-behavioural difficulties in Singapore mainstream schools through TRANSition Support for InTegration (TRANSIT) (Eiffel 2)

Open Papers 5: Internet problematic use/Cyberbullying (Machu Picchu)

**Parallel sessions 5 9:15 – 10:30**

Symposium 11: Addressing childhood mental health from all angles: Prevention, detection, support and intervention across education, community and clinical contexts (Colosseum 1)

Symposium 12: Hope, resilience and growth of young people and their families in the face of adversities (Machu Picchu)

Open Papers 6: The role of parenting in children's social-emotional functioning and treatment (Eiffel 2)

Symposium 13: Sleep, physical activities and food intake in the young (Olympia 1)

Open Papers 7: Child protection issues (Eiffel 1)

**10:30 – 10:00** Coffee break and Networking

**8:00 – 11:00** **Workshop** (pre-registered): Mindfulness in schools (Gizza)

**8:00 – 11:00** **Workshop** (pre-registered): Using Dialectical Behavioural Therapy skills in clinical setting (Taj Mahal)

Keynote Address 6:

**11:00 – 11:45** **Treatment of obsessive-compulsive disorder (OCD) in children and adolescents: Improving access to care and child outcomes** (Colosseum 1)

<b>11:45 – 12:30</b>	Keynote Address 7: <b>Emerging digital technologies and young people: Understanding the risks and benefits of the increasing intersections between gaming, gambling and speculative investments</b>	(Colosseum 1)
<b>12:30 – 13:15</b>	Keynote Address 8: <b>Drug use disorders and related problems among young people</b>	(Colosseum 1)
<b>13:15 – 14:00</b>	<b>Lunch and Networking; Poster Viewing</b>	
<b>13:30 – 14:00</b>	<b>Poster session #2</b>	
<b>14:00 – 14:45</b>	Keynote Address 9: <b>Antisocial behaviour and callous-unemotional traits in children and adolescents in the school setting</b>	(Colosseum 1)
<b>14:45 – 15:30</b>	Keynote Address 10: <b>Implementing sexual health education: The journey of bridging the know-do gap</b>	(Colosseum 1)
<b>15:30 – 16:00</b>	Experience-Sharing Lecture: <b>Reframing what we think we know about Autism through my lived experience</b>	(Colosseum 1)
<b>16:00 – 16:15</b>	<b>Coffee break and Networking</b>	
	<b>Parallel sessions 6</b>	<b>16:15 – 17:30</b>
<b>16:15 – 17:30</b>	<u>Symposium 14</u> : From Research to Implementation to Practice: Charting a New Course for Early Childhood Development in Singapore	(Colosseum 1)
	<u>Open Papers 8</u> : Violence/Relational victimization/Callous-unemotional traits	(Olympia 1)
	<u>Open Papers 9</u> : Preventing mental health disorders in young people	(Eiffel 2)
	<u>Open Papers 10</u> : Parenting and Mental Health/Diabetes mellitus	(Eiffel 1)
	<u>Symposium 15</u> : Integrating virtual reality in mental health	(Machu Picchu)
<b>15:45 – 18:45</b>	<b>Workshop</b> (pre-registered): Using play and storytelling to promote children's mental health	(Gizza)
<b>15:45 – 18:45</b>	<b>Workshop</b> (pre-registered): Translating research to practice: The Triple-A intervention to support autistic and neurodivergent pupils at school	(Taj Mahal)
<b>19:30 - late</b>	<b>Gala dinner and Book/Project launching (with traditional ceremony)</b>	(Waterfront Hotel)

**DAY 2 – TUESDAY (8<sup>th</sup> AUGUST 2023)****8:00 – 9:15****Symposium 7: Obesity in Adolescents – Malaysians' perspective****Chair:** Noor Azimah Muhammad (Universiti Kebangsaan Malaysia, MALAYSIA)**Venue:** Colosseum 1

- 8:00 – 8:15**                      **The influence of body image perception on eating self-regulation and weight status of youth in Kuala Lumpur**
- Nor Adiani Mohd Hadzir, **Noor Azimah Muhammad**, & Nur Hana Hamzaid  
Universiti Kebangsaan Malaysia, MALAYSIA
- 8:15 – 8:30**                      **Atypical anorexia nervosa in adolescents**
- Nurainul Hana Shamsuddin**<sup>1</sup> & Noor Azimah Muhammad<sup>2</sup>  
<sup>1</sup>Universiti Putra Malaysia, MALAYSIA  
<sup>2</sup>Universiti Kebangsaan Malaysia, MALAYSIA
- 8:30 – 8:45**                      **Healthy Warrior Project Seberang Perai Tengah**
- Anuradha Thiagarajan**<sup>1</sup>, Ong May Ying<sup>2</sup>, Marshita Mohamed<sup>1</sup>, Carol Kirtana Anbarasan<sup>1</sup>, Nur Syafawani Bt Moktar<sup>2</sup>, & Muhammad Hakim Bin Che Sab<sup>3</sup>  
<sup>1</sup>Klinik Kesihatan Bukit Minyak, Seberang Perai Tengah, MALAYSIA  
<sup>2</sup>Klinik Kesihatan Seberang Jaya, Seberang Perai Tengah, MALAYSIA  
<sup>3</sup>Klinik Kesihatan Bandar Perda, Seberang Perai Tengah, MALAYSIA
- 8:45 – 9:00**                      **The effect of an Integrated Multidisciplinary Weight Management Clinic Intervention in Adolescent with Obesity: A University Healthcare Facility experience**
- Nik Munirah Nik Nasir**, Mazapuspavina Md Yasin, Khasnur Abd Malek, Zahirah Tharek, Khairatul Nainey Kamaruddin, Mazlifah Omar, Hashbullah Ismail, Noor Fatimah Ilias, Mahenderan Appukutty, Nazrul Hadi Ismail, Sakinah Idris, Azlina Wati Nikmat, Che Zarina Ishak, Fatimah Zaherah Mohamed Shah, Rohana Abdul Ghani on behalf of the Weight Management Clinic Team HASA Universiti Teknologi MARA, MALAYSIA

**9:00 – 9:15**                      **Engaging adolescents in physical activity: Challenges and practical implications**

**Puteri Shanaz Jahn Kassim**<sup>1,2</sup>, Noor Azimah Muhammad<sup>2</sup>, Cecilia A. Essau<sup>3</sup>, Sherina Sidek<sup>4</sup>, & Shamsul Azhar Shah<sup>5</sup>

<sup>1,2</sup>Universiti Putra Malaysia, MALAYSIA

<sup>2</sup>Universiti Kebangsaan Malaysia, MALAYSIA

<sup>3</sup>University of Roehampton, UK

**Symposium 8: Well-being matters: The dynamics of mental health and well-being in young people**

Chair: Nadzirah Ahmad Basri (International Islamic University Malaysia, MALAYSIA)

Venue: Eiffel 1

**8:00 – 8:15**                      **Do it then feel it: Experiential learning for young adults with interpersonal difficulties**

**Nadzirah Ahmad Basri**<sup>1</sup>, Aini Zakirah Zaidi<sup>2</sup>, Mei San Leong<sup>2</sup>, & Anis Maliki<sup>3</sup>

<sup>1</sup>International Islamic University Malaysia, MALAYSIA

<sup>2</sup>Sultan Idris Education University, MALAYSIA

<sup>3</sup>University Malaysia Sarawak, MALAYSIA

**8:15 – 8:30**                      **Interaction between mental health and perceived workplace psychosocial factors among young workers**

**Nur Azma Amin**<sup>1</sup>, Nur Hani Najwa Zainal Abidin<sup>1</sup>, Nur Fatin Nabila Ramli<sup>1</sup>, Nur Zakirah Zainal Abidin<sup>1</sup>, Nur Atiqah Abu Hassan<sup>2</sup>, Siti Sabariah Buhari<sup>3</sup>, & Kartini Ilias<sup>3</sup>

<sup>1</sup>Universiti Kuala Lumpur Institute of Medical Science Technology, MALAYSIA

<sup>2</sup>Universiti Kuala Lumpur Business School, MALAYSIA

<sup>3</sup>Universiti Teknologi MARA Cawangan Selangor, MALAYSIA

**8:30 – 8:45**                      **The effect of trait anxiety on recognition of threatening emotional facial expressions among adolescents**

**Roslinda Mustapha**, Md Azman Shahadan, & Rahmatullah Khan bin Abdul Wahab Khan

Universiti Pendidikan Sultan Idris (UPSI), MALAYSIA

8:45 – 9:00

**Predicting adolescent well-being using age, gender, resilience, and family resilience****Hazalizah Hamzah**<sup>1</sup>, Fatanah Ramlee<sup>1</sup>, Siti Aisyah Panatik<sup>2</sup>, Tan Chee Seng<sup>3</sup>, Nurul Iman Abdul Jalil<sup>3</sup>, & Syara Shazanna Zulkifli<sup>1</sup><sup>1</sup>Sultan Idris Education University, MALAYSIA<sup>2</sup>University of Technology Malaysia, MALAYSIA<sup>3</sup>Universiti Tunku Abdul Rahman, MALAYSIA**Symposium 9: The Masayang Pamilya Program: Evidence-Based Parenting Support Intervention for Filipino Families**Chair: Bernice Landoy Mamauag (University of the Philippine Visayas)

Venue: Olympia 1

8:00 – 8:15

**The user experience of participants of a Self-Guided Chatbot Intervention for Parents****Samantha Erika N. Mendez**<sup>1,4</sup> Bernice Landoy Mamauag<sup>2,4</sup>, Jennel C. Reyes<sup>3,4</sup>, Liane Alampay<sup>3,4</sup>, Camille Habacon<sup>5</sup>, Behzad Noubary<sup>6</sup>, & Jamie M. Lachman<sup>4,7</sup><sup>1</sup>University of the Philippines Diliman, PHILIPPINES<sup>2</sup>University of the Philippine Visayas, PHILIPPINES<sup>3</sup>Ateneo de Manila University, PHILIPPINES<sup>4</sup>Global Parenting Initiative, PHILIPPINES<sup>5</sup>Readability Center Philippines, PHILIPPINES<sup>6</sup>UNICEF Philippines, PHILIPPINES<sup>7</sup>University of Oxford, UK

8:15 – 8:30

**Feasibility and acceptability of a parent support intervention via group chat: Results from a pilot study****Rosanne M. Jocson**<sup>1</sup>, Liane Peña Alampay<sup>2</sup>, Jamie M. Lachman<sup>3,5</sup>, Denise Maramba<sup>2</sup>, Ericka Gomez<sup>2</sup>, Alexandra Torres<sup>2,5</sup>, Jennel C. Reyes<sup>2,5</sup>, Bernice Landoy Mamauag<sup>4,5</sup>, Stephanie Eagling-Peche<sup>3</sup>, Qing Han<sup>3</sup>, Francisco Calderon<sup>3</sup>, & Behzad Noubary<sup>6</sup><sup>1</sup>National Institute of Education, Nanyang Technological University, SINGAPORE<sup>2</sup>Ateneo de Manila University, PHILIPPINES<sup>3</sup>University of Oxford, UK<sup>4</sup>University of the Philippine Visayas, PHILIPPINES<sup>5</sup>Global Parenting Initiative, PHILIPPINES<sup>6</sup>UNICEF Philippines, PHILIPPINES

8:30 – 8:45

### **Masayang Pamilya Program in selected residential care facilities for children in Metro Manila**

Dominiq Ruth G. Reyes<sup>1,3</sup>, Jennel C. Reyes<sup>1,3</sup>, Bernice Landoy Mamauag<sup>2,3</sup>, Liane Alampay<sup>1,3</sup>, Alexandra Torres<sup>1</sup>, Behzad Noubary<sup>4</sup>, & Jamie M. Lachman<sup>3,5</sup>

**\*University/Organisation/Affiliation:**

<sup>1</sup>Ateneo de Manila University, PHILIPPINES

<sup>2</sup>University of the Philippines Visayas, PHILIPPINES

<sup>3</sup>Global Parenting Initiative, PHILIPPINES

<sup>4</sup>UNICEF Philippines, PHILIPPINES

<sup>5</sup>University of Oxford, UK

8:45 – 9:00

### **Masayang Pamilya Chat (MaPaChat) Revised Program: Preliminary results from a small-scale feasibility trial**

Bernice Landoy Mamauag<sup>1,3</sup>, Jennel C. Reyes<sup>2,3</sup>, Liane Alampay<sup>2,3</sup>, Mara Patricia Yusingco<sup>2,3</sup>, Dominiq Ruth G. Reyes<sup>2,3</sup>, Behzad Noubary<sup>4</sup>, & Jamie M. Lachman<sup>3,5</sup>

<sup>1</sup>University of the Philippines Visayas, PHILIPPINES

<sup>2</sup>Ateneo de Manila University, PHILIPPINES

<sup>3</sup>Global Parenting Initiative, PHILIPPINES

<sup>4</sup>UNICEF Philippines, PHILIPPINES

<sup>5</sup>University of Oxford, UK

9:00 – 9:15

### **Evaluation of eFDS-MaPa: A parenting program implemented through the National Conditional Cash Transfer Program**

Dominiq Ruth G. Reyes<sup>1,4</sup>, Liane Alampay<sup>1,4</sup>, Rosanne M. Jocson<sup>2</sup>, Bernice Landoy Mamauag<sup>3,4</sup>, Jennel C. Reyes<sup>1,4</sup>, Andrea Regina Casas<sup>1,4</sup>, Alexandra Torres<sup>1,4</sup>, Behzad Noubary<sup>5</sup>, Jamie M. Lachman<sup>4,6</sup>

<sup>1</sup>Ateneo de Manila University, PHILIPPINES

<sup>2</sup>National Institute of Education, Nanyang Technological University, SINGAPORE

<sup>3</sup>University of the Philippines Visayas, PHILIPPINES

<sup>4</sup>Global Parenting Initiative, PHILIPPINES

<sup>5</sup>UNICEF Philippines, PHILIPPINES

<sup>6</sup>University of Oxford, UK

**Symposium 10: Creating sustainable ripples: Strengthening Support for Students with Social-behavioural difficulties in Singapore mainstream schools through TRANSition Support for InTegration (TRANSIT)**

Chair: Pui Meng Choi & Mariam Aljunied (Ministry of Education, SINGAPORE)

Venue: Eiffel 2

**8:00 – 8:15**                      **Creating sustainable ripples: Strengthening support for students with social-behavioural difficulties in Singapore mainstream schools through TRANSition Support for InTegration (TRANSIT)**

**Pui Meng Choi** & Mariam Aljunied  
Ministry of Education, SINGAPORE

**8:15 – 8:30**                      **The development of SMS Curriculum as a critical evidence-based intervention (EBI) component in designing the manualised treatment protocol for TRANSIT**

**Mastura Mohd Hashim, Esther Kuek**, Hui Wen Wong, Seok Hui Teo, Samantha Seah, Ivonne Pang, & Pui Meng Choi  
Ministry of Education, SINGAPORE

**8:30 – 8:45**                      **The use of implementation science (Active Implementation Frameworks; Farmer, Ward, & Cusumano, 2023) to effect and maintain intended outcomes for students with social and behavioural needs through TRANSIT**

**Han Xian Wong**, Samantha Seah, & Pui Meng Choi  
Ministry of Education, SINGAPORE

**8:45 – 9:00**                      **Enablers to build Supportive Learning Environments**

**Ng Mei Yun, Ananthi d/o Chandramohan**, Hui Wen Wong, Seok Hui Teo, Samantha Seah, Ivonne Pang, & Pui Meng Choi  
Ministry of Education, SINGAPORE

## **Open Papers 5: Internet problematic use/Cyberbullying**

Chair: Leong Wen Sam (Universiti Tunku Abdul Rahman, MALAYSIA)

Venue: Machu Picchu

**8:00 – 8:15**                      **Cyberbullying in Indonesia: Understanding the prevalence, risks factors, and psychological implication among students**

**Reny Haning**, Ari Sriyani, Kunto Adi Wibowo, & Ashama Afifah  
ChildFund International, INDONESIA

**8:15 – 8:30**                      **The determinants of internet gaming disorder among Multiplayer Online Battle Arena (MOBA) youth gamers in Malaysia through the Interaction of Person-Affect-Cognition-Execution (I-PACE) Model**

**Leong Wen Sam**, T'ng Soo Ting, & Ho Khee Hoong  
Universiti Tunku Abdul Rahman (UTAR), MALAYSIA

**8:30 – 8:45**                      **Relationship between need frustration and Internet Gaming Disorder (IGD) among Multiplayer Online Battle Arena (MOBA) young adults gamers: A mediating role of gaming motivations**

**Sabrina Lee Yuan Min**, T'ng Soo Ting, & Ho Khee Hoong  
Universiti Tunku Abdul Rahman (UTAR), MALAYSIA

**8:45 – 9:00**                      **The need for the development of a digital entrepreneurship education model For B40 kindergarten children**

**Abdul Halim Masnan**<sup>1</sup>, Hafizul Fahri Hanafi<sup>2</sup>, Nurul Fadly Habidin<sup>2</sup>,  
Mohd Nazri Abdul Rahman<sup>4</sup>, Azizah Zain<sup>5</sup>, Masayu Dzainudin<sup>6</sup>,  
Mohamad Shafiq Zaini<sup>7</sup>, & Mazeni Ismail<sup>8</sup>

<sup>1,5,6,7,8</sup>Universiti Pendidikan Sultan Idris, MALAYSIA

<sup>2</sup>Universiti Pendidikan Sultan Idris, MALAYSIA

<sup>4</sup>Universiti Malaya, MALAYSIA



**DAY 2 – TUESDAY (8<sup>th</sup> AUGUST 2023)**

**9:15 – 10:30**

**Symposium 11: Addressing childhood mental health from all angles: Prevention, detection, support and intervention across education, community and clinical contexts**

Chair: Sonja March (University of Southern Queensland, AUSTRALIA)

Venue: Colosseum 1

**9:15 – 9:30**

**Understanding Outside School Hours Care (OSHC) Educators' knowledge and capability to support children's mental health and wellbeing**

**Sarah Murray**, Sonja March, Yosheen Pillay, & Emma-Leigh Senyard  
University of Southern Queensland, AUSTRALIA

**9:30 – 9:45**

**Student counsellors: Supporting mental health and wellbeing in schools**

**Yosheen Pillay**

University of Southern Queensland, AUSTRALIA

**9:45 – 10:00**

**The development and psychometric evaluation of an Animated Child Self-Report Screening Tool: Overview**

**Kirsty Zieschank**, Michael Ireland, & Sonja March  
University of Southern Queensland, AUSTRALIA

**10:00 – 10:15**

**Online self-help CBT for child and adolescent anxiety: Community uptake and changes in anxiety and interference**

**Arlen K Rowe**<sup>1</sup>, Jocelyn L Evans<sup>1</sup>, Caroline L Donovan<sup>2</sup>, Susan H Spence<sup>2</sup>, & Sonja March<sup>1</sup>

<sup>1</sup>University of Southern Queensland, AUSTRALIA

<sup>2</sup>Griffith University, Mt Gravatt, AUSTRALIA

**10:15 – 10:30**

**Stepped-care models of internet cognitive behaviour therapy for child and adolescent anxiety: What's the verdict?**

**Sonja March**<sup>1,2</sup>, Susan H Spence<sup>2</sup>, Larry Myers<sup>1,2</sup>, Martelle Ford<sup>1,2</sup>, Genevieve Smith<sup>2</sup>, & Caroline L Donovan<sup>2</sup>

<sup>1</sup>University of Southern Queensland, AUSTRALIA

<sup>2</sup>Griffith University, AUSTRALIA

**Symposium 12: Hope, resilience and growth of young people and their families in the face of adversities**

Chair: Patricia Simon (De La Salle University Manila, PHILIPPINES & The University of Hong Kong, HONG KONG)

Venue: Eiffel 1

**9:15 – 9:30**

**Hope-based intervention for Filipino perfectionistic adolescents and their hope narratives during the pandemic**

Patricia Simon<sup>1,2</sup> & Roseann Tan-Mansukhani<sup>1</sup>

<sup>1</sup>De La Salle University Manila, PHILIPPINES

<sup>2</sup>The University of Hong Kong, HONG KONG

**9:30 – 9:45**

**Conceptualizing resilience: Narratives of families of individuals with autism spectrum disorders in the Philippines**

Karen Sacdalan<sup>1,2</sup>

<sup>1</sup>De La Salle University Manila, PHILIPPINES

<sup>2</sup>Barcase Psychological Services and THOUGHTFULL WORLD, INC., PHILIPPINES

**9:45 – 10:00**

**Teenage pregnancy during the COVID-19 pandemic lockdown: The perspective of Filipino teenage pregnant Couples**

Roseann Tan-Mansukhani, Adrian Neil Holgado, Ma. Azapurn Redge Apuang, Jonas Robert Calimlim, & Elijah Nicolas Ferrera De La Salle University Manila, PHILIPPINES

**10:00 – 10:15**

**An assessment of the social and emotional needs among adolescents in selected public schools in Metro Manila**

Carolina Uno-Rayco, Llewelyn Issa B. Dela Cruz, Michelle Abigail L. Bonafe, Jia Jenina J. Anchinges, & Mariel Ann D. Acha Philippine Mental Health Association, Inc. (PMHAI), PHILIPPINES

**Open Papers 6: The role of parenting in children’s social-emotional functioning and treatment**

Chair: Anna Dedousis-Wallace (The Kidman Centre, University of Technology Sydney, AUSTRALIA)

Venue: Eiffel 2

**9:15 – 9:30**

**Screening for developmental delay and social-emotional functioning among children in East Malaysia**

**Geok Har Yong**<sup>1</sup>, Mei-Hua Lin<sup>1</sup>, Nigel Marsh<sup>2</sup>, Teck Hock Toh<sup>3</sup>

<sup>1</sup>Sunway University, MALAYSIA

<sup>2</sup>James Cook University, SINGAPORE

<sup>3</sup>Department of Paediatrics & Clinical Research Centre, Sibul Hospital, MALAYSIA

**9:30 – 9:45**

**The needs and experiences of Refugee Parents in helping their Children’s Mental Health: ENRICH study**

**Layla Rashid**<sup>1</sup>, Sarah Halligan<sup>2</sup>, Lucy Bowes<sup>1</sup>, & Cathy Creswell<sup>1</sup>

<sup>1</sup>University of Oxford, UK

<sup>2</sup>University of Bath, UK

**9:45 – 10:00**

**Development, feasibility and acceptability of a new parent-toddler programme to Support Toddlers with a family history of autism/ADHD to develop strong Attention, Regulation and Thinking skills (START)**

Victoria Hulks<sup>1</sup>, Gaia Scerif<sup>1</sup>, Sinead Rhodes<sup>2</sup>, Tony Charman<sup>3</sup>, Sandra Mathers<sup>4</sup>, Sally Smith<sup>5</sup>, & **Alexandra Hendry**<sup>1</sup>  
University of Oxford, UK

**10:00 – 10:15**

**Predictors and moderators of response to Parent Management Training and Collaborative Proactive Solutions for oppositional defiant disorder**

**Anna Dedousis-Wallace**<sup>1</sup>, Sophia Drysdale,<sup>1</sup> Rachael C. Murrighy<sup>1</sup>, Ross W. Greene<sup>3</sup>, John McAloon<sup>2</sup>, & Thomas H. Ollendick<sup>3</sup>

<sup>1</sup>The Kidman Centre, University of Technology Sydney, AUSTRALIA

<sup>2</sup>University of Technology Sydney, AUSTRALIA

<sup>3</sup>Virginia Tech, USA

**Symposium 13: Sleep, physical activities and food intake in the young**

Chair: Fatanah Ramlee (Universiti Pendidikan Sultan Idris, MALAYSIA)

Venue: Olympia 1

**9:15 – 9:30**                      **Sleep diary and actigraphy-based assessment of sleep quality and physical activity in young adults**

**Fatanah Ramlee**, Hazalizah Hamzah, Asma Perveen, Syaza Hazwani Zaini, Nor Fadila Kasim, & Vanida Tian  
Universiti Pendidikan Sultan Idris, MALAYSIA

**9:30 – 9:45**                      **Relationship between mood, physical activity, and sleep quality: Ecological Momentary Assessment Study among young adults**

**Vanida Tian**, Fatanah Ramlee, Hazalizah Hamzah, Asma Perveen, Nor Fadila Kasim, & Syaza Hazwani Zaini  
Universiti Pendidikan Sultan Idris, MALAYSIA

**9:45 – 10.00**                    **Exploring children’s perception of sleep and sleep habits**

**Amirah Munawwarah Badruzzaman**, Fatanah Ramlee, & Nor Mashitah Mohd Radzi  
Universiti Pendidikan Sultan Idris, MALAYSIA

**10:00 – 10:15**                    **Association between high energy dense food intake and physical activity level among Malaysian female adolescents**

**Siti Sabariah Buhari**<sup>1</sup>, Aini Areesha Badrol Hisham<sup>1</sup>, Siti Sarah Mohd Naw<sup>2</sup>, Kartini Ilias<sup>1</sup>, & Nur Azma Amin<sup>2</sup>  
<sup>1</sup>Universiti Teknologi MARA, MALAYSIA  
<sup>2</sup>Universiti Kuala Lumpur, MALAYSIA

**Open Papers 7: Child protection issues**

Chair: Lissa Ramsepaul (American University, USA)

Venue: Eiffel 1

**9:15 – 9:30**                      **The exploration of Knowledge, Attitude and Practice (KAP) on child protection and abuse issues in Malaysia**

**Abdul Rahman Ahmad Badayai**<sup>1</sup> & Zaharah Sulaiman<sup>2</sup>

<sup>1</sup>National University of Malaysia, MALAYSIA

<sup>2</sup>University Sains Malaysia, Kelantan, MALAYSIA

**9:30 – 9:45**                      **Individual differences in children’s eyewitness report: The impact of interviewing conditions on memory recall accuracy and suggestibility**

**Yishan Wong** & Kai Li Chung

University of Reading Malaysia, MALAYSIA

**9:45 – 10:00**                      **The role of hope in supporting recovery from experiences of sibling sexual abuse**

**Helen Kambouridis**

Gatehouse Centre, Royal Children’s Hospital, AUSTRALIA

**10:00 – 10:15**                      **Child trafficking and exploitation: Lived experience of survivors**

**Lissa Ramsepaul**

American University, USA

**POSTER VIEWING SESSION**

Time: 13:15 – 14:00

Venue: Colosseum 1

Time: 13:15 – 14:00 (poster session: 13:30 – 14:00)

Venue: Colosseum 1

- P11**                    **Infant social experiences in the Malaysian Context: A comparison with United Kingdom and South Africa**
- Jasmine Yi Xin Tang<sup>1</sup>, Leonardo De Pascalis<sup>2</sup>, Laura Bozicevic<sup>2</sup>, Mark Tomlinson<sup>3</sup>, Lynne Murray<sup>4</sup>, Teck-Hock Toh<sup>5</sup>, Alvin Lai Oon Ng<sup>1</sup>, Pei Jun Woo<sup>1</sup>, & Valentina Sclafani<sup>6</sup>
- <sup>1</sup>Sunway University, MALAYSIA  
<sup>2</sup>University of Liverpool, UK  
<sup>3</sup>Stellenbosch University, South Africa  
<sup>4</sup>University of Reading, UK  
<sup>5</sup>Department of Paediatrics & Clinical Research Centre, Sibu Hospital, MALAYSIA  
<sup>6</sup>University of Lincoln, UK
- P12**                    **The Stop Nicotine Addiction Among Secondary School Students (SNAASSS) Module: An experience from a peer-led smoking cessation group counselling**
- Hayatul Najaa Miptah<sup>1,2</sup>, Nik Munirah Nik Mohd Nasir<sup>1,2</sup>, & Suraya Abdul Razak<sup>1,2</sup>
- <sup>1</sup>Universiti Teknologi MARA, Sungai Buloh, MALAYSIA  
<sup>2</sup>Hospital Al Sultan Abdullah, Universiti Teknologi MARA, Puncak Alam, MALAYSIA
- P13**                    **Cognitive Appraisals of the COVID-19 Pandemic among University Students in Singapore**
- Bianca Chua & Minglee Yong  
National Institute of Education, Nanyang Technological University, SINGAPORE
- P14**                    **Predictors of post-pandemic growth**
- Minglee Yong  
National Institute of Education, Nanyang Technological University, SINGAPORE

**P15 Longitudinal study of the mother's emotional distress trajectories and their influence on adolescent development of SRB and psychological problems**

Ivan Perez-Diez,<sup>1,2</sup> Adriana Garcia-Ramos,<sup>3</sup> Alberto Sanchez-Fernandez-Quejo,<sup>3</sup> **Alejandro de la Torre-Luque**<sup>1,3</sup>

<sup>1</sup>Autonomous University of Madrid, SPAIN

<sup>2</sup>CIBERSAM ISCIII, SPAIN

<sup>3</sup>Complutense University of Madrid, SPAIN

**P16 The use of Category Cluster Recall technique and its effect on eyewitness accuracy and Confidence in Children with ADHD**

**Loheswary Arumugam** & Shamsul Haque  
Monash University, MALAYSIA

**P17 Emotional and Behavioural Disturbance among Children in Conflict affected areas, Ethiopia**

**Tilahun Belete Mossie**<sup>1</sup>, Kindye Tesfaw<sup>1</sup>, & Wubalem Fekadu<sup>2</sup>

<sup>1</sup>Bahir Dar University, ETHIOPIA

<sup>2</sup>Addis Ababa University, ETHIOPIA

**P18 Discipline methods and self-esteem among adolescents in Malaysia**

Wan Anis Yasmin Binti Wan Muhammad & **Nur Farhana Ardillah Aftar**  
Universiti Malaysia Sabah, MALAYSIA

**DAY 2 – TUESDAY (8<sup>th</sup> AUGUST 2023)****16:15 – 17:30****Symposium 14: From research to implementation to practice: Charting a new course for early childhood development in Singapore****Chair:** Evelyn Tan (National University of SINGAPORE)**Venue:** Colosseum 1**16:15 – 16:30****Addressing an unmet need: Establishing a research-informed, multi-disciplinary centre for early child development****Cheryl Seah**<sup>1,2</sup>, Moong Li Chu<sup>1</sup>, Evelyn Tan<sup>1,2</sup>, Keri McCrickerd<sup>1,3</sup>, Gayatri Kembhavi-Tam<sup>1,2</sup>, Shang Chee Chong<sup>1,4</sup>, Adrian Sandler<sup>1</sup>, Bryce McLeod<sup>5</sup>, Robyn Mildon<sup>1,2</sup>, & Esther Goh<sup>1,2</sup><sup>1</sup>National University of Singapore, SINGAPORE<sup>2</sup>Centre for Evidence and Implementation, SINGAPORE<sup>3</sup>Singapore Institute for Clinical Sciences, A\*STAR, SINGAPORE<sup>4</sup>National University Hospital, SINGAPORE<sup>5</sup>Virginia Commonwealth University, Virginia, USA**16:30 – 16:45****Enhancing caregiving practices among grandparents: Co-development of the LEarning To Support Play (LET'S Play) programme and implementation strategies in Singapore****Moong Li Chu**<sup>1</sup>, Cheryl Seah<sup>1,2</sup>, Evelyn Tan<sup>1,2</sup>, Keri McCrickerd<sup>1,3</sup>, Gayatri Kembhavi-Tam<sup>1,2</sup>, Shang Chee Chong<sup>1,4</sup>, Adrian Sandler<sup>1</sup>, Bryce McLeod<sup>5</sup>, Robyn Mildon<sup>1,2</sup>, & Esther Goh<sup>1,2</sup><sup>1</sup>National University of Singapore, SINGAPORE<sup>2</sup>Centre for Evidence and Implementation, SINGAPORE<sup>3</sup>Singapore Institute for Clinical Sciences, A\*STAR, SINGAPORE<sup>4</sup>National University Hospital, SINGAPORE<sup>5</sup>Virginia Commonwealth University, USA**16:45 – 17:00****From evidence to implementation: Enhancing social, emotional, behavioural and executive function outcomes for preschool children in Singapore through the EASEL approach****Evelyn TAN**<sup>1,2</sup>, Cheryl Seah<sup>1,2</sup>, Moong Li Chu<sup>1</sup>, Keri McCrickerd<sup>1,3</sup>, Gayatri Kembhavi-Tam<sup>1,2</sup>, Shang Chee Chong<sup>1,4</sup>, Adrian Sandler<sup>1</sup>, Bryce McLeod<sup>5</sup>, Robyn Mildon<sup>1,2</sup>, & Esther Goh<sup>1,2</sup><sup>1</sup>National University of Singapore, SINGAPORE<sup>2</sup>Centre for Evidence and Implementation, SINGAPORE<sup>3</sup>Singapore Institute for Clinical Sciences, A\*STAR, SINGAPORE<sup>4</sup>National University Hospital, SINGAPORE<sup>5</sup>Virginia Commonwealth University, USA



**Open Papers 8: Violence/Relational victimization/Callous-unemotional traits**

Chair: Sinead Morrison (University of Bath, UK)

Venue: Olympia 1

**16:15 – 16:30**

**The boy who risks his life to kill Jabberwocky**

**Anita Codati**

Hospital Tunku Azizah (Women & Children's) Kuala Lumpur,  
MALAYSIA

**16:30 – 16:45**

**Suicidal risk in adolescents who assault their parents: Results from the EPISAM-School study**

**Wala Ayad-Ahmed**<sup>1</sup>, Adriana Garcia-Ramos<sup>2</sup>, Maria Camila Varela-Mora<sup>2</sup>, Claudia Sanchez-Gomez<sup>2</sup>, Paula Arias-Rodriguez<sup>2</sup>, Paola Marin-Santos<sup>2</sup>, Alberto Sanchez-Fernandez-Quejo<sup>2</sup>, Nicole Frontero<sup>3</sup>, Marta Velazquez<sup>4</sup>, Veronica Fernandez-Rodrigues<sup>1,2</sup>, & Alejandro de la Torre-Luque.<sup>1,5</sup>

<sup>1</sup>San Carlos Clinic Hospital, SPAIN

<sup>2</sup>Complutense University of Madrid, SPAIN

<sup>3</sup>Polytechnic University of Madrid, SPAIN

<sup>4</sup>Autonomous University of Madrid, SPAIN

<sup>5</sup>CIBERSAM ISCIII, SPAIN

**16:45 – 17:00**

**"How do you sleep at night?" The association between stressful life events, sleep and callous-unemotional traits**

**Sinead Morrison**, Rachael Bedford, & Jennifer Allen  
University of Bath, UK

## **Open Papers 9: Preventing mental health disorders in young people**

Chair: Bilge Uzun (Bahçesehir University, TURKEY)

Venue: Eiffel 2

- 16:15 – 16:30**                      **Effect of mindfulness-based “Super Skills for Exam Program” on test anxiety: Sample of Ugur Schools’ students in Turkey**
- Karadeniz, Ş.<sup>1</sup>, Cetinkaya, O.<sup>2</sup>, Alver, E.<sup>3</sup>, Yildiz, E.D.<sup>1</sup>, Uzun, B.<sup>1</sup>, & Essau, C.<sup>4</sup>  
<sup>1</sup>Bahçesehir University, TURKEY  
<sup>2</sup>Ugur Schools  
<sup>3</sup>Turkish National Police Academy  
<sup>4</sup>Roehampton University, UK
- 16:30 – 16:45**                      **Childhood anxiety management: A feasibility trial of Super Skills for Life program in Pakistan**
- Nazia Mustafa** & Aneela Maqsood  
 Fatima Jinnah Women University, PAKISTAN
- 16:45 – 17:00**                      **Eye movement desensitization and reprocessing versus cognitive behavioral therapy: Which works better for post-traumatic stress disorder in Pakistan? A two-year longitudinal study**
- Anwar Khan** & Amalia bt Madihie  
 Universiti Malaysia Sarawak, MALAYSIA
- 17:00 – 17:15**                      **Framing the psychological well-being of residents in orphanage: A review**
- Nadzirah Mawi**, Asma Perveen, & Hazalifah Hamzah  
 Sultan Idris Education University, MALAYSIA
- 17:15 – 17:30**                      **Views on Sexual Education at Home: a qualitative exploration among Malaysian adolescents**
- Noor Azimah Muhammad**<sup>1</sup>, Teh Rohaila Jamil<sup>1</sup>, Farah Umairah Sallehudin<sup>2</sup>, Rosnah Sutan<sup>1</sup>, Khansa' Abd Halim<sup>3</sup>, Wan Nur Baiti Sudin<sup>3</sup>, & Mohd Al Adib Samuri<sup>1</sup>
- <sup>1</sup>Universiti Kebangsaan Malaysia, Kuala Lumpur, MALAYSIA  
<sup>2</sup>Faculty of Human Development, Universiti Pendidikan Sultan Idris, Perak, MALAYSIA  
<sup>3</sup>National Population and Family Development Board Wilayah Persekutuan, Kuala Lumpur, MALAYSIA

**Open Papers 10: Parenting and mental health/Diabetes mellitus**

Chair: Suwaibah Binti Zakaria (Universiti Malaysia Sabah, MALAYSIA)

Venue: Eiffel 1

- 16:15 – 16:30**                    **The influence of parenting style of working mothers towards child temperament in Sabah: Child sleep habit as mediator**
- Suwaibah Binti Zakaria** & Nur Farhana Ardillah Aftar  
Universiti Malaysia Sabah, MALAYSIA
- 16:30 – 16:45**                    **Parental mental health and self-efficacy as predictors of emotional and behavioural problems in Malaysian early adolescents**
- Anis Raihan Dzeidee Schaff** & Nor Sheereen Zulkefly  
Universiti Putra Malaysia, MALAYSIA
- 16:45 – 17:00**                    **Trends of gadget use and impact on children’s social-emotional development: A pilot study**
- Noorma Razali**<sup>1</sup>, Abdul Rahman Ahmad Badayai<sup>2</sup>, & Norulhuda Sarnon@Kusenin<sup>2</sup>
- <sup>1</sup>Universiti Malaysia Sabah, MALAYSIA  
<sup>2</sup>Universiti Kebangsaan Malaysia, MALAYSIA
- 17:00 – 17:15**                    **Unlocking the genetic code of effective parenting: Personalized guidance through DNA profiling in Malaysia**
- Norzila Zakaria, Mohamad Sabri, & **Yusra Afiqah**  
Universiti Sains Malaysia, MALAYSIA  
CareXera Health Sdn Bhd, MALAYSIA
- 17:15 – 17:30**                    **Cognitive function deficits in Type 1 diabetes mellitus: An observational cross-sectional study**
- Ibrahim El Bayoumy**  
Tanta University, Tanta, EGYPT

### **Symposium 15: Integrating virtual reality in mental health**

Chair: Abdul Rahman Ahmad Badayai (National University of Malaysia, MALAYSIA)

Venue: Machu Picchu

- 16:15 – 16:30**                      **Usability of virtual reality learning in mental health: Insights, challenges and perspectives**
- Abdul Rahman Ahmad Badayai**, Marhani Midin, Nik Ruzyanei Nik Jaafar, & Suzana Mohd Hoesni  
Universiti Kebangsaan Malaysia, MALAYSIA
- 16:30 – 16:45**                      **REAL<sub>TM</sub> module, a Social Emotional-Based Learning (SEL) tool utilising virtual reality for Malaysian adolescents: From development to implementation**
- Aimi Nur Athira Putri Bharuddin**, Nik Ruzyanei Nik Jaafar, Abdul Rahman Ahmad Badayai, Hajar Mohd Salleh Sahimi<sup>1</sup>, Nur Husna Ismail, Marhani Midin  
National University of Malaysia, MALAYSIA
- 16:45 – 17:00**                      **Exploring emotion regulation in Malaysian adolescents for development of culturally sensitive Social Emotional Learning (SEL) Module**
- Norsinar Adilun**, Marhani Midin, Seng Fah Tong, Lai Fong Chan, Abdul Rahman Ahmad Badayai, Hajar Mohd Salleh Sahimi, & Nur Hazwani Abd Hadi  
Universiti Kebangsaan Malaysia, MALAYSIA
- 17:00 – 17:15**                      **Development of a social skills training module for high functioning autism spectrum disorder (HFASD) youth using video modelling and spherical video-based virtual reality (SVVR)**
- Mohd Akif Farhan Ahmad Basri**, Wan Salwina Wan Ismail, Norazlin Kamal Nor, Noorlaili Mohd Tohit, Farah Deena Abd Samad, Mohammad Nazir Ahmad, & Nur Saadah Mohamad Aun  
Universiti Kebangsaan Malaysia, MALAYSIA

17:15 – 17:30

**Formative evaluation of a social skills training module for high functioning autism spectrum disorder (HFASD) youth using video modelling and spherical video-based virtual reality (SVVR)**

Wan Salwina Wan Ismail, Norazlin Kamal Nor, Noorlaili Mohd Tohit, Mohd Akif Farhan Ahmad Basri, Farah Deena Abd Samad, Mohammad Nazir Ahmad, & Nur Saadah Mohamad Aun  
Universiti Kebangsaan Malaysia, MALAYSIA

17:30 – 17:45

**Mental health portal: The student's psychoemotional support**

**Ross Zahit** & Nur Alias

Universiti Malaysia Sarawak (UNIMAS), MALAYSIA

**Abstracts for Oral Presentations  
Day 2 – Monday (8<sup>th</sup> August, 2023)**

## **Mental health portal: The student's psychoemotional support**

**Ross Zahit** & Nur Alias

Universiti Malaysia Sarawak (UNIMAS), MALAYSIA

**Background:** The prevalence of students' mental health problems has increased in recent years. The digitalization of mental health care has made it possible to connect with students in new ways, hence, more focus has been placed on mental health portals. However, the usability of the portal is crucial to ensure that it meets the student's needs and expectations.

**Aims:** Therefore, this study aims to develop a mental health portal using Rapid Application Development (RAD), and subsequently to evaluate its usability.

**Methods:** Heuristic Evaluation and System Usability Scale (SUS) were conducted to assess the expert's and 189 students' experience in manoeuvring the portal, respectively. Design and content improvisation were made based on the expert's insight.

**Results:** The portal's usability score was 71.11, which indicates good usability. A score above 70 indicates high usability, whereas a score below 70 indicates poor usability and requires further improvement. The results of this study offer the first evidence about the usability of the mental health portal but there is still potential for advancement.

**Conclusions:** In conclusion, developing an engagement-enhancing mental health portal is essential. The portal should strive to consolidate and present resources in a navigable and accessible manner to suit the needs and expectations of students seeking mental health support.