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HEALTHCARE,  
MEDICAL RESEARCH  
& EDUCATION  
2022**

**29 - 31 March**



# **INTERNATIONAL CONFERENCE ON POST-COVID HEALTHCARE, MEDICAL RESEARCH AND EDUCATION 29<sup>th</sup> – 31<sup>st</sup> March 2022**

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## PSYCHOSOCIAL LIVE EXPERIENCES OF NURSES CARING FOR COVID-19 PATIENTS: A SYSTEMATIC REVIEW

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**Introduction:** As the “gatekeepers” of the health care system, nurses at the forefront of the COVID-19 pandemic played important roles in caring for all types of patients and had the most contact with COVID-19 infected patients. This systematic review aimed to evaluate the psychosocial experiences of the nurses providing care for COVID-19 patients. **Methods:** Numerous databases were used in the article search using relevant keywords. The Preferred Reporting Items for Systematic Reviews and Meta-Analysis (PRISMA) flow diagram was used in selecting a total of 1489 articles. The studies were screened and selected based on the inclusion and exclusion criteria. Quality appraisal was conducted using the Joanna Briggs Institute (JBI) Critical Appraisal guidelines. **Results:** A total of 26 studies were included in the review. The experience of 497 nurses from 16 countries were synthesized. Results revealed nurses dealing with COVID-19 patients in the form of psychological experiences, social experiences, and coping strategies of various challenges and obstacles throughout their journey of the pandemic. Nurses working frontline during the COVID-19 pandemic have experienced psychological distress and social stigma in coping with work demands, social relationships and their personal life. **Conclusions:** There is evidence to highlight that nurses do experience some distress during the COVID-19 pandemic. However, there are inadequate studies looking at psychosocial experiences in Malaysia. Protecting the nurses’ psychosocial wellbeing by providing adequate psychosocial support is essential to ensure long-term capacity of the health workforce.

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