



# INTERNATIONAL COUNSELLING CONVENTION 2022

1st - 4th November 2022

Riverside Majestic Hotel, Kuching, Sarawak, MALAYSIA

*Standing Alone*  
**TOGETHER:**  
*Managing*  
*the*  
**PARADOX**

## Abstract Proceedings

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# **INTERNATIONAL COUNSELING CONVENTION 2022**

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**Chief Editor:**

Assoc. Prof. Dr. Ku Suhaila Ku Johari, UKM

**Editor:**

Professor Dr. Rusli Ahmad

Assoc. Prof. Dr. Mohamad Isa Amat

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## Editorial Remarks

All praise to God for the abundance of mercy and love. With His permission, the Abstract Proceedings successfully published for the International Counseling Convention 2022 (ICC 2022) being held from 1<sup>st</sup> to 4<sup>th</sup> November 2022, at the Riverside Majestic Hotel, Kuching, Sarawak, Malaysia!

The theme of the convention is Standing Alone Together: Managing the Paradox by highlighting various sub-themes namely Counseling Ethics, Counseling Intervention & Skills, Counseling Supervision, Teaching and Learning in Counseling, Multicultural Counseling, Career Counseling, School Counseling, Organizational Counseling, Mental Health Counseling, Rehabilitation Counseling, Family, Adolescents & Children Counseling, Testing & Measurement Counseling, Technology in Counseling, Spiritual Counseling, Counseling and Human Resource and Wellbeing Counseling.

Through this theme, a total of 118 abstracts have been accepted and successfully published in this proceeding. Of these, a total of 88 full articles have been reviewed and successfully accepted for publication in several indexed and popular publication mediums. Among them are publications in The International Journal for the Advancement in Counseling (SCOPUS), European Journal of Educational Research (SCOPUS), International Journal of Academic Research in Business and Social Sciences (ERA), Journal of Cognitive Sciences and Human Development, UNIMAS ( My Cite), PERKAMA Journal, PERKAMA Book Chapter and UNIMAS Book Chapter.

This convention acts as a platform to gather experts in the field through the presentation and publication of research, especially in the field of counseling. They consist of counselor educators, counseling practitioners and trainee counselors from all over the world. Hopefully, with this continuous effort, we can contribute to the development of scientific disciplines and empower the well-being and mental health of the community.

Finally, the highest appreciation and millions of thanks go to all parties involved in this convention, especially the organizing committee as well as the presenters who have participated in contributing research results to be published through ICC 2022. Thank you and see you again. Long lasting greetings.

Associate Professor Dr. Ku Suhaila Ku Johari  
Head of Scientific Reviewer & Publications  
International Counselling Convention 2022

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**ID 108**

**Relationship between Personality Traits and Suicidal Ideation among Malaysian Adolescents**

Noor Wahidah Razali, Siti Norazilah Mohd Said & Aina Razlin Mohammad Roose  
Counselling Program, FCSHD, UNIMAS

[70774@siswa.unimas.my](mailto:70774@siswa.unimas.my)

**ABSTRACT**

Suicide rates in Malaysia is alarming as according to the World Health Organization (WHO), Malaysia recorded an average of 5 deaths per day in 2019. Suicidal thoughts could lead to suicidal behaviour; hence factors of ideation should be identified. This study investigated the relationship between personality traits and suicidal ideation among Malaysian adolescents. Participants consist of 132 adolescents, age between 16 to 18 years old, and were randomly selected for this study. Two instruments were used, namely Big Five Inventory-44 (BFI-44) to determine the personality traits, and Revised- Suicidal Ideation Scale (SIS) to measure the level of suicidal ideation. The data was analysed using the Pearson Correlation in Statistical Package for the Social Sciences (SPSS). Findings indicated that neuroticism and openness traits have significant relationships with suicidal ideation, while conscientiousness, extraversion, and agreeableness traits showed insignificant relationship. The findings of this study are able to expand literatures related to suicide ideation among Malaysian adolescents. Moreover, with these findings, counsellors could take personality qualities into consideration when developing suicide prevention strategies. By examining client concerns from the perspective of personality development, counsellors and other helping professionals can refer to personality theories to develop suitable interventions for adolescents.

**Keywords:** *Personality type, suicidal ideation, suicidal, adolescents counselling.*

**Head of Scientific Reviewer and Publication:**

Assoc. Prof. Dr. Ku Suhaila Ku Johari, UKM

**Committees:**

Professor Dr. Rusli Ahmad

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