









# INTERNATIONAL COUNSELLING CONVENTION 2022

1st - 4th November 2022 Riverside Majestic Hotel, Kuching, Sarawak, MALAYSIA

Standing Alone TOGETHER: Managing the PARADOX

# Abstract Proceedings

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# Abstract Proceedings

# INTERNATIONAL COUNSELING CONVENTION 2022

# **ORGANIZED BY:**

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# **Editorial Remarks**

All praise to God for the abundance of mercy and love. With His permission, the Abstract Proceedings successfully published for the International Counseling Convention 2022 (ICC 2022) being held from 1<sup>st</sup> to 4<sup>th</sup> November 2022, at the Riverside Majestic Hotel, Kuching, Sarawak, Malaysia!

The theme of the convention is Standing Alone Together: Managing the Paradox by highlighting various sub-themes namely Counseling Ethics, Counseling Intervention & Skills, Counseling Supervision, Teaching and Learning in Counseling, Multicultural Counseling, Career Counseling, School Counseling, Organizational Counseling, Mental Health Counseling, Rehabilitation Counseling, Family, Adolescents & Children Counseling, Testing & Measurement Counseling, Technology in Counseling, Spiritual Counseling, Counseling and Human Resource and Wellbeing Counseling.

Through this theme, a total of 118 abstracts have been accepted and successfully published in this proceeding. Of these, a total of 88 full articles have been reviewed and successfully accepted for publication in several indexed and popular publication mediums. Among them are publications in The International Journal for the Advancement in Counseling (SCOPUS), European Journal of Educational Research (SCOPUS), International Journal of Academic Research in Business and Social Sciences (ERA), Journal of Cognitive Sciences and Human Development, UNIMAS (My Cite), PERKAMA Journal, PERKAMA Book Chapter and UNIMAS Book Chapter.

This convention acts as a platform to gather experts in the field through the presentation and publication of research, especially in the field of counseling. They consist of counselor educators, counseling practitioners and trainee counselors from all over the world. Hopefully, with this continuous effort, we can contribute to the development of scientific disciplines and empower the well-being and mental health of the community.

Finally, the highest appreciation and millions of thanks go to all parties involved in this convention, especially the organizing committee as well as the presenters who have participated in contributing research results to be published through ICC 2022. Thank you and see you again. Long lasting greetings.

Associate Professor Dr. Ku Suhaila Ku Johari Head of Scientific Reviewer & Publications International Counselling Convention 2022

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### ID 017

# Relationship between Work Place Spirituality and Happiness at Work

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## **ABSTRACT**

Various researchers have study different antecedents and their relationships with Happiness at the Workplace. However, little is known how aspect of spirituality influence happiness at workplace. Thus, this study examines the relationship between spirituality, workplace and individual and HAW. The present study examined the relationship of WPS (inner life, Meaningful Work, and sense of community) and IS (religious belief, religious practices, and religious, social support) towards HAW among TVET instructors. The study utilizes a survey approach employing a set of standardized questionnaires via Google Form. The sample comprises 122 respondents from a Public TVET institution in Sarawak. Data were analysed using IBM SPSS Ver 26.0, employing Pearson correlation and multiple regression. The findings of this study demonstrate that inner life, meaningful work, a sense of community, religious belief, religious practice, and religious-social support all contribute significantly to HAW. This study shows that when there is an increase in the WPS and IS, it will increase the HAW of an employee. Thus, the organization should improve facilities to provide the instructors with a conducive praying room and social spaces to come together socially. The employers should also promote Long-Life Learning in terms of Religiosity among TVET instructors and doing more religious-related programs to increase the level of happiness among instructors. They should promote volunteering events as a responsibility to society and recognize employees actively participating in religious and social activities.

**Keywords**: Workplace Spirituality, Individual Spirituality, Happiness at Work, Workplace Happiness, TVET

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