



# INTERNATIONAL COUNSELLING CONVENTION 2022

1st - 4th November 2022

Riverside Majestic Hotel, Kuching, Sarawak, MALAYSIA

*Standing Alone*  
**TOGETHER:**  
*Managing*  
*the*  
**PARADOX**

## Abstract Proceedings

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# **INTERNATIONAL COUNSELING CONVENTION 2022**

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## Editorial Remarks

All praise to God for the abundance of mercy and love. With His permission, the Abstract Proceedings successfully published for the International Counseling Convention 2022 (ICC 2022) being held from 1<sup>st</sup> to 4<sup>th</sup> November 2022, at the Riverside Majestic Hotel, Kuching, Sarawak, Malaysia!

The theme of the convention is Standing Alone Together: Managing the Paradox by highlighting various sub-themes namely Counseling Ethics, Counseling Intervention & Skills, Counseling Supervision, Teaching and Learning in Counseling, Multicultural Counseling, Career Counseling, School Counseling, Organizational Counseling, Mental Health Counseling, Rehabilitation Counseling, Family, Adolescents & Children Counseling, Testing & Measurement Counseling, Technology in Counseling, Spiritual Counseling, Counseling and Human Resource and Wellbeing Counseling.

Through this theme, a total of 118 abstracts have been accepted and successfully published in this proceeding. Of these, a total of 88 full articles have been reviewed and successfully accepted for publication in several indexed and popular publication mediums. Among them are publications in The International Journal for the Advancement in Counseling (SCOPUS), European Journal of Educational Research (SCOPUS), International Journal of Academic Research in Business and Social Sciences (ERA), Journal of Cognitive Sciences and Human Development, UNIMAS ( My Cite), PERKAMA Journal, PERKAMA Book Chapter and UNIMAS Book Chapter.

This convention acts as a platform to gather experts in the field through the presentation and publication of research, especially in the field of counseling. They consist of counselor educators, counseling practitioners and trainee counselors from all over the world. Hopefully, with this continuous effort, we can contribute to the development of scientific disciplines and empower the well-being and mental health of the community.

Finally, the highest appreciation and millions of thanks go to all parties involved in this convention, especially the organizing committee as well as the presenters who have participated in contributing research results to be published through ICC 2022. Thank you and see you again. Long lasting greetings.

Associate Professor Dr. Ku Suhaila Ku Johari  
Head of Scientific Reviewer & Publications  
International Counselling Convention 2022

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**ID 014**

**Relationships of Resilience and Emotional Intelligence on Students' Motivation**

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**ABSTRACT**

This research aimed to analyze the relationship between resilience and emotional intelligence on students' motivation. Using a quantitative approach and simple random sampling, 159 university students from the Mukah district were selected to participate in this study. The instruments that are used in this research are the Resilience Scale for Adolescents (READ), Trait Emotional Intelligence Questionnaire-Short Form (TEIQue-SF) and The Global Motivation Scale (GMS) to measure the variables for this research. Cronbach Alpha ( $\alpha$ ) value for READ, TEIQue-SF and GMS are .90, .84 and .82, respectively. The data obtained for this study were analyzed by using IBM Statistical Package for the Social Sciences (SPSS) Version 23 for descriptive and inferential analysis. Frequency, percentage, mean, and standard deviation were used for descriptive analysis, while correlation and multiple regression were used for inferential analysis. Results show that there is a highly significant correlation between Motivation with Resilience ( $r = .75, p < .001$ ), whereas the correlation coefficient  $r = .26$  ( $p < .001$ ) shows a weak and positive correlation between Emotional Intelligence and Motivation. This study is very significant for parents, lecturers, counsellors, and university administrators to help students adjust to their university life and function properly to achieve their life goals.

**Keywords:** *Resilience, Emotional Intelligence, Motivation, University Students*)

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