



Psychoeducation and Family Intervention by Parents of Children with Attention Deficit Hyperactive Disorder: A Comprehensive Review

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ABSTRACT

Attention Deficiency Hyperactive Disorder (ADHD) is a neurodevelopmental disorder that encompasses attention deficit and/or hyperactivity-impulsive issues. Parents, teachers, and caregivers are responsible for identifying children with ADHD by observing their social and emotional behaviour, examining their retention ability, and identifying their learning problems to provide the necessary remediation. This comprehensive review of over 54 articles examining the effectiveness of psychoeducation and suitable home-based therapy for children with ADHD was published between 1987 and 2022. It analysed concrete strategies parents can apply in delivering constructive teaching and training techniques for their children with ADHD in the home setting. Findings showed that the parental role is crucial in helping children with ADHD to self-regulate, reducing symptoms and potential comorbidities of ADHD, overcoming learning disabilities and improving the parent-children relationship via psychoeducation and family intervention.

Keywords: ADHD, parental role, psychoeducation, behaviour management, family intervention

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