



**Faculty of Resource Science and Technology**

**Optimisation of the Aerobic Digestion Process in Palm Oil Mill Effluent  
(POME) Ponds**

**Lynnettee Joinin**

**(52394)**

**Bachelor of Science with Honours  
(Resource Biotechnology)  
2018**

# **Optimisation of Aerobic Digestion Process in Palm Oil Mill Effluent (POME) Ponds**

**Lynnettee Joinin  
(52394)**

**A project report submitted in partial fulfilment of the  
Final Year Project 2 (STF 3015) Course**

**Faculty of Resource Science and Technology  
Universiti Malaysia Sarawak (UNIMAS)  
2018**

Grade: \_\_\_\_\_

Please tick (✓)

Final Year Project Report

Masters

PhD

DECLARATION OF ORIGINAL WORK

This declaration is made on the 6th day of June year 2018

Student's Declaration:

I Lynnettee Joinin, 52394, Faculty of Resource Science and Technology

(PLEASE INDICATE NAME, MATRIC NO. AND FACULTY) hereby declare that the work entitled, Optimisation of Aerobic Digestion Process in Palm Oil Mill (POME) Ponds is my original work. I have not copied from any other students' work or from any other sources with the exception where due reference or acknowledgement is made explicitly in the text, nor has any part of the work been written for me by another person.

6 June 2018  
Date submitted

Lynnettee Joinin (52394)  
Name of the student (Matric No.)

Supervisor's Declaration:

I, Shanti Faridah Salleh (SUPERVISOR'S NAME), hereby certify that the work entitled, Doctor of Philosophy (Associate Professor) (TITLE) was prepared by the aforementioned or above mentioned student, and was submitted to the "FACULTY" as a \* partial/full fulfillment for the conferment of Bachelor of Science with Honours (Resource Biotechnology) (PLEASE INDICATE THE DEGREE TITLE), and the aforementioned work, to the best of my knowledge, is the said student's work

Received for examination by: [Signature]  
(Name of the supervisor)

Date: 6 June 2018

PROF MADYA DR SHANTI FARIDAH SALLEH  
Pensyarah

I declare this Project/Thesis is classified as (Please tick (√)):

**CONFIDENTIAL** (Contains confidential information under the Official Secret Act 1972)\*

**RESTRICTED** (Contains restricted information as specified by the organisation where research was done)\*

**OPEN ACCESS**

I declare this Project/Thesis is to be submitted to the Centre for Academic Information Services and uploaded into UNIMAS Institutional Repository (UNIMAS IR) (Please tick (√)):

**YES**

**NO**

### Validation of Project/Thesis

I hereby duly affirmed with free consent and willingness declared that this said Project/Thesis shall be placed officially in the Centre for Academic Information Services with the abide interest and rights as follows:

- This Project/Thesis is the sole legal property of Universiti Malaysia Sarawak (UNIMAS).
- The Centre for Academic Information Services has the lawful right to make copies of the Project/Thesis for academic and research purposes only and not for other purposes.
- The Centre for Academic Information Services has the lawful right to digitize the content to be uploaded into Local Content Database.
- The Centre for Academic Information Services has the lawful right to make copies of the Project/Thesis if required for use by other parties for academic purposes or by other Higher Learning Institutes.
- No dispute or any claim shall arise from the student himself / herself neither a third party on this Project/Thesis once it becomes the sole property of UNIMAS.
- This Project/Thesis or any material, data and information related to it shall not be distributed, published or disclosed to any party by the student himself/herself without first obtaining approval from UNIMAS.

Student's signature

*Aet*

6 June 2018

(Date)

Supervisor

*[Signature]*  
PROF MARYA DR SHANTI FARIDAH SALLEH

Pengarah (Date)

Pusat Jaminan Kualiti dan Pembangunan Akademik  
UNIVERSITI MALAYSIA SARAWAK

Current Address:

Kampung Pogunan, 89507 Penampang, Sabah.

Notes: \* If the Project/Thesis is **CONFIDENTIAL** or **RESTRICTED**, please attach together as annexure a letter from the organisation with the date of restriction indicated, and the reasons for the confidentiality and restriction.

[The instrument was prepared by The Centre for Academic Information Services]

## **Declaration**

No portion of the work referred to in this thesis has been submitted in support of an application for another degree of qualification at any institution of higher learning. I hereby declare that this project titled “Optimisation of Aerobic Digestion Process in Palm Oil Mill Effluent (POME) Pond” is the work of my own under the supervision of my supervisor Associate Professor Dr Shanti Faridah binti Salleh and my co-supervisor Dr Micky anak Vincent excluding the reference documents that have been acknowledged.

*Ault*

.....

(LYNNETTEE JOININ)

Date: 6 June 2018

Resource Biotechnology Programme

Faculty of Resource Science and Technology

## **Acknowledgement**

My utmost gratitude goes, first and foremost, to Almighty God, my pillar of strength and of course, to my supervisor, Associate Professor Dr Shanti Faridah binti Salleh for her constant guidance and words of affirmation, my co-supervisor, Dr Micky anak Vincent for his valuable insights, my beloved parents Joinin Joukin @ Christopher and Florin binti Sipat who has always gone above and beyond to support me financially and morally as well as the personnel at the Faculty of Engineering, Department of Chemical Engineering and Energy Sustainability, Universiti Malaysia Sarawak and Felcra Jaya Samarahan Sdn Bhd Palm Oil Mill, Sarawak who has assisted me throughout my project. I would also like to extend my gratitude to the post graduate students of Faculty of Engineering, Department of Chemical Engineering and Energy Sustainability, Universiti Malaysia Sarawak, Lennevey Kinidi and Mohammed Haji Alhaji, my siblings, Edith Joinin, Harry Joinin and Maxwell Joinin, my significant other, Abel Robin Anggol, and my friends, Eudrey Tangkoi Moligan and Carmel Petrus Chin who inspired me to be persistent and patient in all that I do. Last but not least, many thanks go to those who I have failed to mention here but has contributed directly or indirectly to this project. With their contributions, from the beginning until the completion of this project, I am able to submit my completed thesis and for that I am eternally grateful.

# Optimisation of Aerobic Digestion Process in Palm Oil Mill Effluent (POME) Ponds

Lynnettee Joinin

Resource Biotechnology Programme  
Faculty of Resource Science and Technology  
Universiti Malaysia Sarawak

## ABSTRACT

The palm oil industry in Malaysia is one of the industries that generates a high income. However, the increasing production of palm oil products also means increasing generation of palm oil waste which includes palm oil mill effluent (POME) that is very polluting to the environment due to the high biological oxygen demand (BOD) and chemical oxygen demand (COD) content. The present study focuses on the lab-scale ponding treatment of POME which is one of the most popular treatment methods in palm oil mills. The variable factors include oxygen concentration, pond depth and treatment duration. The experiment was designed using the Design-Expert software version 6.0.8 (Stat-Ease, Inc., Minneapolis, USA) using the response surface method (RSM) based on previous studies done on the variable factors chosen. The optimum conditions were found to be 0.5 vvm oxygen concentration, 10 cm pond depth and 5 days treatment duration for BOD removal (47.1%) and COD removal (42.9%). As for colour removal (13.5%), the optimum conditions were found to be 0.5 vvm oxygen concentration, 5 cm pond depth and 5 days treatment.

**Keywords:** Palm oil mill effluent (POME), ponding treatment, biological oxygen demand (BOD), chemical oxygen demand (COD), response surface method (RSM)

## ABSTRAK

*Industri minyak sawit di Malaysia merupakan salah satu industri yang menjana pendapatan yang tinggi. Namun begitu, peningkatan penghasilan produk-produk minyak sawit membawa kepada peningkatan penghasilan efluen ladang sawit (POME) yang mencemar alam sekitar disebabkan kandungan oksigen biologi (BOD) serta oksigen kimia (COD) yang tinggi. Fokus kajian ini adalah kolam rawatan POME dalam skala kecil yang merupakan salah satu kaedah rawatan yang popular di ladang sawit. Faktor-faktor pembolehubah termasuk kepekatan oksigen, kedalaman kolam dan tempoh rawatan. Eksperimen ini direka menggunakan perisian Design-Expert versi 6.0.8 (Stat-Ease, Inc., Minneapolis, USA) melalui response surface method (RSM) berdasarkan kajian lepas yang telah dilakukan atas faktor-faktor pembolehubah yang telah dipilih. Keadaan optimum merupakan 0.5 vvm kepekatan oksigen, 10 cm kedalaman kolam dan 5 hari tempoh rawatan bagi penyingkiran BOD (47.1%) dan penyingkiran COD (42.9%). Bagi penyingkiran warna, keadaan optimum merupakan 0.5 vvm kepekatan oksigen, 5 cm kedalaman kolam dan 5 hari tempoh rawatan.*

**Kata kunci:** Efluen ladang sawit (POME), rawatan kolam, oksigen biologi (BOD), oksigen kimia (COD), response surface method (RSM)

## **Table of Contents**

Declaration	I
Acknowledgements	II
Abstract	III
Table of Contents	IV
List of Tables	VI
List of Figures	VII
List of Abbreviations	IX
<b>1.0 Introduction</b>	<b>1</b>
<b>2.0 Literature Review</b>	<b>3</b>
2.1 Palm Oil Industry in Malaysia	3
2.2 Palm Oil Processing	3
2.3 Palm Oil Mill Effluent (POME)	4
2.4 POME Treatment	6
2.5 The Pond Treatment System	6
2.5.1 Anaerobic Ponds	7
2.5.2 Facultative Ponds	7
2.5.3 Aerated Ponds	8
2.6 Principle of Aerobic Digestion	9
2.7 Parameters Affecting Aerobic Digestion of POME	9
2.7.1 Effect of Pond Depth	9



2.7.2 Effect of Oxygen Concentration	10
2.7.3 Effect of Hydraulic Retention Time (HRT)	10
2.7.4 Effect of Organic Loading Rate (OLR)	11
2.7.5 Effect of Temperature	11
2.7.6 Effect of Microbial Content	11
2.7.7 Effect of pH Variation	12
<b>3.0 Materials and Methods</b>	<b>13</b>
3.1 Experimental Design	13
3.2 POME Collection	15
3.3 Experimental Method	16
3.4 Materials	17
3.5 Analytical Method	17
3.5.1 Biological Oxygen Demand (BOD)	17
3.5.2 Chemical Oxygen Demand (COD)	18
3.5.3 Colour Removal	19
<b>4.0 Results and Discussion</b>	<b>20</b>
4.1 Modelling and Optimisation	20
4.1.1 3D Response Surface Plots	25
4.1.2 Numerical Optimisation Analysis	28
<b>5.0 Conclusion and Recommendations</b>	<b>30</b>
<b>6.0 References</b>	<b>31</b>
<b>7.0 Appendix</b>	<b>38</b>

## **List of Tables**

<b>Table</b>		<b>Page</b>
1	<b>Characteristics of Palm Oil Mill Effluent (POME) and its respective standard discharge limit set by Malaysian Department of Environment (DOE)</b>	5
2	<b>Experimental range and levels of independent variables</b>	13
3	<b>Small factorial central composite face-centered design (FCCCD) matrix for three variables (coded and actual) and their units</b>	14
4	<b>Statistical parameters obtained from ANOVA of quadratic models for removal of BOD, COD and colour through aerobic digestion of POME</b>	21

## List of Figures

Table		Page
1	Experimental method in optimisation of aerobic digestion of POME in lab-scale ponds	16
2	Predicted vs. actual values plot for (a) BOD removal; (b) COD removal; (c) Colour removal	23
3	Normal plot distribution of the residuals for (a) BOD removal; (b) COD removal; (c) Colour removal	24
4	3D surface plot showing (a) BOD removal ( $Y_1$ ) for aerobic digestion of POME. Dependence of $Y_1$ on the oxygen concentration ( $X_1$ ) and pond depth ( $X_2$ ) (Treatment duration, $X_3 = 7$ days); (b) COD removal ( $Y_2$ ) for aerobic digestion of POME. Dependence of $Y_1$ on the oxygen concentration ( $X_1$ ) and pond depth ( $X_2$ ) (Treatment duration, $X_3 = 7$ days); (c) Colour removal ( $Y_3$ ) for aerobic digestion of POME. Dependence of $Y_1$ on the oxygen concentration ( $X_1$ ) and pond depth ( $X_2$ ) (Treatment duration, $X_3 = 7$ days)	27
5	3D surface plot showing numerical optimisation of (a) BOD removal ( $Y_1$ ) for aerobic digestion of POME. Dependence of $Y_1$ on the oxygen concentration ( $X_1$ ) and pond depth ( $X_2$ ) (Treatment duration, $X_3 = 4.56$ days); (b) COD removal ( $Y_2$ ) for	29

aerobic digestion of POME. Dependence of  $Y_1$  on the oxygen concentration ( $X_1$ ) and pond depth ( $X_2$ ) (Treatment duration,  $X_3 = 4.56$  days); (c) Colour removal ( $Y_3$ ) for aerobic digestion of POME. Dependence of  $Y_1$  on the oxygen concentration ( $X_1$ ) and pond depth ( $X_2$ ) (Treatment duration,  $X_3 = 4.56$  days)

### **List of Abbreviations**

<b>BOD</b>	<b>Biological Oxygen Demand</b>
<b>COD</b>	<b>Chemical Oxygen Demand</b>
<b>CPO</b>	<b>Crude Palm Oil</b>
<b>DO</b>	<b>Dissolved Oxygen</b>
<b>DOE</b>	<b>Department of Environment</b>
<b>EFB</b>	<b>Empty Fruit Bunches</b>
<b>FCCCD</b>	<b>Face Centred Central Composite Design</b>
<b>FFB</b>	<b>Fresh Fruit Bunches</b>
<b>HRT</b>	<b>Hydraulic Retention Time</b>
<b>MPOB</b>	<b>Malaysian Palm Oil Board</b>
<b>OLR</b>	<b>Organic Loading Rate</b>
<b>POME</b>	<b>Palm Oil Mill Effluent</b>
<b>RSM</b>	<b>Response Surface Method</b>
<b>TSS</b>	<b>Total Suspended Solids</b>

## **1.0 Introduction**

The palm oil industry in Malaysia is undoubtedly a successful one. From 2015 to 2016 alone, the collective palm oil plantation area in Malaysia increased 1.7% from 56430 million m<sup>2</sup> to 57380 million m<sup>2</sup> (Malaysian Palm Oil Board (MPOB), 2017). Subsequently, the production of palm oil mill effluent (POME) through the processing of palm oil fresh fruit bunches (FFB) has also increased throughout the years. Raw POME will cause pollution when discharged into water bodies, therefore, efficient and affordable treatment systems for POME are essential to the environment and the society. The performance efficiency of treatment systems is determined through the analysis of percentage removal of biological oxygen demand (BOD), chemical oxygen demand (COD) and colour.

Ponding system is a low-cost treatment method for POME in Malaysia (Wong, 1980). It consists of a series of anaerobic, facultative and aerobic ponds. Previous researches on the digestion of POME in Malaysia has been focusing mostly on anaerobic digestion. This study specifically focuses on aerobic digestion in a ponding system setting which requires oxygen for decomposition of organic matters to occur. Aerobic digestion has been widely used to treat wastewater due to its high degree of efficiency and high quality of effluent. However, aerobic digestion requires a large area due to the high number of ponds and extra expenses for aeration as well as sludge disposal. There are limited studies done particularly on the design of aerobic ponds for POME treatment and other parameters that affect the aerobic digestion of POME significantly.

Therefore, the objectives of this study were to determine the factors that affect the optimisation of aerobic digestion process of POME, to determine the optimum condition for

selected factors in the aerobic digestion process of POME and to determine the percentage reduction in BOD, COD and colour of POME after treatment at the optimised conditions in the aerobic ponds. POME samples were collected from Felcra Jaya Kota Samarahan, Sarawak and were immediately brought to the Reaction Engineering Laboratory, Faculty of Engineering, Universiti Malaysia Sarawak (UNIMAS) for immediate use. Therefore, the experiment for the whole treatment duration was performed in ambient conditions of atmospheric pressure and room temperature of 25 °C. The analytical method for determination of BOD, COD and colour removal were according to American Public Health Association (APHA) method (American Public Health Association (APHA), 2005). A statistical tool known as face centred central composite design (FCCCD) has been run through response surface method (RSM) in the Design-Expert software version 6.0.8 (Stat-Ease, Inc., Minneapolis, USA) to model and optimise the aerobic digestion process of POME in the lab-scale ponds.

## **2.0 Literature Review**

### **2.1 Palm Oil Industry in Malaysia**

The first commercial oil palm plantation was pioneered by Fauconnier in Tennamaran Estate, Selangor (Tate, 1996). As of 2009, Malaysia and Indonesia collectively contribute up to 90% of global palm oil whereby Malaysia contribute 39% of world's palm oil production and 44% of world's export (Sarmidi, 2009). As of late 2016, the total area of palm oil plantation in Malaysia is 57380 million m<sup>2</sup> (Malaysian Palm Oil Board (MPOB), 2017). Boasting a total revenue of RM 64.59 billion, the palm oil industry is growing each year to produce enough supplies of oils and fats in accordance to the increasing demands from all over the world in a sustainable manner (Malaysian Palm Oil Corporation (MPOC), 2012).

### **2.2 Palm Oil Processing**

Palm oil mills in Malaysia process fresh fruit bunches (FFB) to produce crude palm oil (CPO) and palm kernel (Thani et al., 1999). Basically, fresh fruit bunches (FFB) are sterilized to deactivate hydrolytic enzyme and loosen the fruit from bunches. Next, the fruits are stripped and separated from the bunch in a rotary drum stripper. Then, in a digester, the fruits are mashed up to break the mesocarp oil-bearing cells. Twin screw presses are used to press out the oil from the digested mash of fruits under high pressure. Hot water is added to enhance the flow of the oils. The crude oil slurry is fed to a clarification system for oil separation and purification before being sent to storage tanks. The fibre and nut (press cake) are conveyed to a depericarper for separation. The crude palm oil (CPO) contains a mixture of palm oil, water and fibrous materials (Thani et al., 1999). Large quantities of water are used during



the extraction of crude palm oil. About 50% of the water results in palm oil mill effluent (POME), the other 50% being lost as steam, mainly through sterilizer exhaust, piping leakages, as well as wash waters (Thani et al., 1999). An average of 900–1500 kg of POME is generated for each one kg of crude palm oil produced (Wu et al., 2010). Meanwhile, the nuts from the press cake are cracked and the kernels are separated from the shells. Finally, the palm kernels are dried with warm air.

### **2.3 Palm Oil Mill Effluent**

POME is mainly made up of sterilizer condensate (36%), clarification wastewater (60%) and hydro-cyclone wastewater (4%) generated during the production of palm oil (Rupani et al., 2010). According to Ng, Goh and Tay (1987), POME may vary depending on batches, days, processing techniques, age and type of fruit. Other factors may also include the discharge limit of the factory, climate and condition of the palm oil processing (Ahmad, Sumathi & Hameed, 2006). Consisting of water soluble components of palm fruits as well as suspended cellulosic materials like palm fibre, and oil residues (Agamuthu, 1995), raw POME is considered the most harmful waste compared to other wastes generated from processing of oil palm fruits (Rupani et al., 2010) due to the high biological oxygen demand (BOD), as shown in Table 1, which leads to anaerobic condition and release of harmful gases, particularly hydrogen sulphide (Ahmad, Ismail & Bhatia, 2003). Thus, POME discharge standards, as shown in Table 2, are strictly emphasized through the enactment of the Environmental Quality Act in 1978. In addition, POME contains coloured compounds composed of organic compounds such as anthocyanin and carotene pigment that were

extracted from fresh fruit bunches in the sterilization process as well as polyphenol compounds, tannin, polyalcohol, and melanoidin (Mohammed, Ketabachi & McKay, 2014). These coloured compounds cause reduction in photosynthetic activities, produce carcinogenic by-products in drinking water, chelate with metal ions, and are toxic to aquatic biota. Thus, failure of conventional treatment methods to decolourise POME has become an important problem to be addressed as colour has emerged as a critical water quality parameter for many including Malaysia (Neoh et al., 2012).

**Table 1.** Characteristics of Palm Oil Mill Effluent (POME) and its respective standard discharge limit set by Malaysian Department of Environment (DOE) (Tabassum et al., 2015).

<b>Parameter</b>	<b>Average Value</b>	<b>Standard Discharge Limit</b>
Temperature (°C)	85	-
pH	4.7	5.0–9.0
BOD (mg/L)	25000	100
COD (mg/L)	50000	50
Total Solids (mg/L)	40500	-
Suspended Solids (mg/L)	18000	400
Total Volatile Solids (mg/L)	34000	-
Ammonia Nitrogen (mg/L)	35	-
Total Nitrogen (mg/L)	750	150
Phosphorus (mg/L)	180	-
Magnesium (mg/L)	615	-
Boron (mg/L)	7.6	-
Manganese (mg/L)	439	-
Calcium (mg/L)	2.0	10
Zinc (mg/L)	2.3	10
Copper (mg/L)	0.9	10
Iron (mg/L)	46.5	50
Potassium (mg/L)	2270	-
Chromium (mg/L)	10.2	-

## **2.4 POME Treatment**

The various POME treatment options in Malaysia include open tank digester and extended aeration system, closed anaerobic digester and land application system as well as pond treatment system (Ma, 1999). The choice of treatment systems depends largely on the company's preference, location of the mill and availability of useable land. The pond treatment system is utilised by more than 85% of the palm oil mills in Malaysia (Ma, 1999).

## **2.5 The Pond Treatment System**

Most of the pond treatment systems for POME treatment in Malaysia are classified as waste stabilisation pond that employs biological treatment in which bacteria are used to break down the organic matters to significantly reduces the BOD and chemical oxygen demand (COD) in raw POME. Generally, this system consists of a series of anaerobic, facultative anaerobic and aerated ponds which are made up of earthen structures with no lining (Ma, 1999). This system requires less energy due to the absence of mechanical mixing, operation control or monitoring. However, this system requires large space of area, long hydraulic retention time (HRT) of 40–60 days and production of corrosive and odorous gas directly to the atmosphere which could have detrimental impacts to the environments (Wu et al., 2010). Moreover, the accumulation of solid as well as the formation of scum from oil and grease in the POME reduces the efficiency of ponds (Yacob et al., 2005). Possible solutions include using submersible pumps or excavators to remove the sludge which can be used as fertilizers due to the nutrient content (Yacob et al., 2005). The clean-up is normally carried out every five years or when the volume of the pond is greatly reduced (Wong, 1980).

### **2.5.1 Anaerobic Ponds**

Anaerobic ponds for POME treatment consist of at least two ponds connected in series to other ponds. The raw POME is channelled into the anaerobic pond from the sludge recovery tank. Anaerobic ponds are usually designed to be deeper compared to aerobic and facultative ponds to establish anaerobic condition whereby the deeper regions contain minimal to no dissolved oxygen (Rupani et al., 2010). The depth of anaerobic ponds for POME treatment in Malaysia are usually in the range of 5–7 m (Ahmed et al., 2015). Three zones can be identified in the pond which are the scum layer, the supernatant layer and the sludge layer. Anaerobic reaction takes place in the sediment. Anaerobic ponds are very effective in treatment of effluents with high strength, biodegradable organic contents ( $BOD > 500$ ) generated in large quantities by agricultural and food industries therefore these ponds are suitable to be used as preliminary treatment before secondary treatment takes place (Ahmed et al., 2015). The organic loading for POME treatment in anaerobic ponds varies from 0.2–0.35 kg BOD/m<sup>3</sup>/day with a minimum HRT of 30 days.

### **2.5.2 Facultative Ponds**

Facultative ponds, as the name implies, consists of an upper aerobic and a lower anaerobic zone (Zupancic & Ros, 2008). Effluent that flows into the facultative pond from the anaerobic pond will form a sludge layer, made up of settleable and flocculated colloidal matter, whereby organic matters are decomposed anaerobically (Rajbhandari & Annachatre, 2004). Meanwhile, the soluble and suspended organic matters are decomposed either aerobically, facultatively or, rarely, anaerobically (Zupancic & Ros, 2008). Facultative ponds

are shallower compared to anaerobic ponds, usually with a depth that falls in the range of 1–1.5 m to maintain satisfactory dissolved oxygen contents. The HRT for POME treatment in facultative ponds is between 8–16 days (Rupani et al., 2010).

### **2.5.3 Aerated Ponds**

Aerated ponds provide tertiary treatment process whereby effluent quality is further improved by the removal of suspended solids, ammonia, nitrate, phosphate concentration and enteric microorganisms (Rupani et al., 2010). The two types of aerated ponds are the aerobic pond and the aerobic-anaerobic pond. In the aerobic pond, all the solids are in suspension. Meanwhile, in the aerobic-anaerobic pond, a degree of turbulence is maintained to ensure uniform distribution of oxygen throughout the pond but is usually insufficient to maintain all the solids in suspension thus solids that settle at the bottom would undergo anaerobic decomposition. Periodic de-sludging is required in the aerobic-anaerobic pond. About 70–90 % of BOD removal is achieved in aerobic ponds yet the effluent may contain a relatively high concentration of suspended solids which results in a turbid appearance (Yacob et al., 2005). Therefore, the installation of settling pond for removal of solids is recommended. Aerated ponds have a HRT of around 8 days and some are equipped with mechanical surface aerators for oxygen supply which is energy consuming and costly.

## **2.6 Principle of Aerobic Digestion**

Aerobic digestion of wastewater sludge is defined as the stabilization process in which the aerobic microorganisms consume the biological degradable organic components of the

sludge to produce biologically stable products as well as to reduce both sludge mass and volume (Bernard & Gray, 2000). The condition of the process is endogenous. The removal of organic material by the microorganism is to synthesise new microorganisms which leads to increase in biomass. Some organic materials will also be oxidised to carbon dioxide, water and soluble inert material. These will mainly provide energy for the microorganisms' vital function. Once the source of organic material is depleted, endogenous respiration occurs whereby the cellular material of the microorganism are oxidised to provide the energy required. The total quantity of biomass will be reduced and the remaining material will exist at a low energy state if the condition is maintained over a period of time. The product is considered as biologically stable and suitable to be disposed to the environment (Zupancic & Ros, 2008).

## **2.7 Parameters Affecting Aerobic Digestion of POME**

### **2.7.1 Effect of Pond Depth**

The pond depth is a length measurement from the bottom of the pond until the surface of the pond. A study done by Sukias et al., (2001) concluded that a typical treatment pond may receive enough sunlight for photosynthesis only up to 15 cm from the surface of the effluent. Therefore, the condition at above 20 cm from the surface of the effluent will be anaerobic. This factor has been taken into consideration for the dimension of the aerobic ponds in this study whereby ponds of depth 5 cm, 10 cm and 15 cm were compared to find out which depth is in the optimum range for aerobic digestion.

### **2.7.2 Effect of Oxygen Concentration**

Oxygen concentration or oxygen flow rate in terms of vessel volume per minute (vvm) is the amount of oxygen supplied in a litre of the vessel in exactly one minute. Studies have shown that 0.5 vvm, or 0.5 liters of oxygen per liter of effluent per minute, is adequate to achieve maximum reduction of chemical oxygen demand (COD) in domestic wastewater sludge (Alam & Fakhru'l-Razi, 2002) and in palm oil empty fruit bunches (EFB) (64.82%) (Fadilah, Tey & Suhaimi, 2009). Thus, based on this fact, the lab-scale ponds for this experiment were equipped with oxygen flow rate of 0.0 vvm, 0.5 vvm and 1.0 vvm.

### **2.7.3 Effect of Hydraulic Retention Time (HRT)**

Hydraulic retention time (HRT) is the measure of the average length of time that a compound, such as water, remains in a storage unit, such as a pond. In a study done by Chan, Chong and Law (2011) on the optimisation of aerobic treatment of POME, as hydraulic retention time (HRT) increased so did the corresponding COD removal efficiency. The study concluded that at 36 hours, both COD and BOD removal were higher compared to 18, 24 and 30 hours. In another study of POME biodegradation by filamentous fungi, the COD was monitored every 20 hours for 8 days for both experiments (Jalaludin et al., 2016). Since HRT is alike to the treatment duration in this study, 4, 7 and 10 days were chosen as the optimum treatment durations.

#### **2.7.4 Effect of Organic Loading Rate (OLR)**

OLR is useful for the design of aerobic system as it is a combination of the effect of hydraulic loading and organic concentration (Chen, Sun & Chung, 2008). In the aerobic treatment of anaerobically digested POME, it was reported that the increase of OLR from 1.8 g to 3.1 g COD (L/day) had resulted in an enhancement in COD removal from 93 to 97% (Chan, Chong & Law, 2010a). This implies that increase in OLR can indeed stimulate the activity of microorganism and enhance the growth of aerobic culture by providing more organic substance. In general, the percentages of COD, BOD and TSS removed increased with the increase of OLR up to a maximum level, and then it declined with further increase of OLR due to the increase of the non-biodegradable organic load in the influent, causing substrate inhibition to the native biomass growth and its metabolic activities (Chan et al., 2011).

#### **2.7.5 Effect of Temperature**

The effects of temperature on aerobic treatment of anaerobically digested POME were investigated by Chan, Chong and Low (2010b). The results show that the performance of sequencing batch reactor was better at mesophilic temperature (28 °C) compared to thermophilic temperature (55°C) whereby the COD, BOD and total suspended solids (TSS) concentration of treated effluent increased with temperature.

#### **2.7.6 Effect of Microbial Content**

The microbial content of POME is a good indicator of biodegradability of wastewater. Most of these organisms are spore formers, it helps them to survive the harsh environmental