

Hubungan Punca Tekanan Kerja dengan Tahap Perhubungan Perkahwinan

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The purpose of this study was to determine the relationship between the sources of job stress with the level of marital relationship. The sources of job stress were role overload, role insufficiency, role ambiguity, role boundary, responsibility and physical environment. As for the level of marital relationship, there were components such as task accomplishment, role performance, communication, affective expression, involvement, control and values and norms. There were two instruments which had been used in this study. First is the Occupational Stress Inventory Revised Edition (OSI-R) (Occupational Role Questionnaire)-ORQ which are used to measure the sources of job stress and the second is Family Assessment Measure Version III (Dyadic Relationship Scale. It is used to measure the level of marital relationship. There were 55 respondents among police officers which were married at least two years and still living together. Result had shown the number of children, role overload, role insufficiency, role ambiguity and responsibility had significant relationship with the level of marital relationship. Findings also showed that the sources of job stress had an inverse relationship with the level of marital relationship.