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Tajuk : 'Make Sure All Foods Are Hygienically Prepared'.

'Make sure all food are hygienically prepared'

SIBU: Public awareness on hygienic food preparation is highly recommended as food poisoning cases are on the rise.

Political secretary to the chief minister, Andrew Shilling said there were 890 cases reported in the state so far.

"The figure is worrying and it needs intervention from all parties not only to reduce the number of cases, but also to create awareness, especially at the grassroots level.

"Hygienic food preparation is important to ensure the food we take is safe and healthy," he said when opening Food Hygiene Health Intervention Day at Rumah Catherine Tamoh Liom in Sungai Aup here on

Saturday.

The programme was organised by Universiti Malaysia Sarawak (Unimas) Medical and Health Sciences Faculty students and Village Security and Development Committees (JKKKs) of Rumah Catherine and Rumah Maling Banta.

Twenty-eight students had conducted a seven-week research from July 22 to Sept 7 on knowledge, attitude and practice of food hygiene among the Sungai Aup community.

Shilling said hygienic food preparations should start at home to prevent illnesses that could be caused by contaminated food.

He also spoke of the need for everyone to observe a healthy

lifestyle.

Shilling advised the students to continue to contribute to society.

"I believe this programme will bring you closer to members of society, and this will improve your understanding on the people when you become a medical practitioner one day."

Also present at the gathering were Unimas Medical and Health Sciences Faculty deputy dean Associate Professor Dr Awi Idi, senior lecturer Dr Clifton Akoi Pengarah, Sibu Divisional Health Office food technology officer Zahidatul Fariyah Zakaria and Sibu Resident Office administrative officer Casseylya Bennet.



IT'S OPEN: Shilling (fifth left) beats the gong to launch the Food Hygiene Health Intervention Day at Rumah Catherine Tamoh Liom in Sungai Aup, Sibu.