

Teaching in the moment



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This is one of the lessons in Basic First Aid, and the topic was reaching and moving victims. This lesson covered the theories, concepts and steps to take when considering to access or move an injured victim. Before coming into this class, I had read an online article about “teaching in the moment”. I decided to experiment with this notion because I was quite well versed with this topic. I laid down very few expectations coming into this class and decided to let the lesson take its own twist as it progressed. Constrained by meticulously planned lessons, I felt that I was unaware of my surroundings and students.

With this method, I was surprised that the lesson flowed rather smoothly with adequate levels of engagement from students. The students seemed a little more at ease. The difference was that I focused less on myself and my plans, and more on my students as I taught in the moment. Also with the free flowing session, I somehow managed to spontaneously come up with new ideas for teaching-learning activities that I had not thought of before when formally planning for a lesson.

With this experiment I believe that it would be beneficial to take a backseat once in a while to break free from formal planning and “teach in the moment”. To me, the heightened awareness of the environment and students’ response is key to getting some enlightenment on new ideologies and teaching methods.

