

### KMC6063 Practicum

This course provides an opportunity for students to apply counselling skills in organisational setting as preparation for internship. Students are recommended to do their practicum based on the Counselling Department niche interests (i.e.; organisational counselling, marriage and family counselling, mental health counselling, and/or rehabilitation counselling). It is compulsory for students to complete 252 hours of the following counselling sessions; individual and group counselling and guidance counselling activities. The requirement is based on the Standard and Qualification of Counsellor Training outlined by the Malaysia Counsellor Board.

### KMC6136 Research Project

Through this course, students are required to undertake a small scale research in a topic of relevance to Counselling under the guidance of appointed academic advisors, and to prepare a research report in accordance to the requirements stipulated in the Faculty's Guidelines for the preparation of graduate research paper. Students will present their research findings upon completion of their research project.

### KMC6146 Internship

Students will apply their counselling knowledge and practice their skills at selected organisational setting for one semester through this course. Students must fulfill 504 hours of counselling contacts as required by the Malaysian Counsellor Board. Students are required to conduct individual and group counselling sessions, organise guidance activities, and assist administrative works at organisation as part of the assessment for this course.

### KMC6013 Advanced Counselling Theories

This course exposes students to the application of theories in counselling process as well as specific techniques to be used based on the perspectives of each theory. There are various theoretical approaches focused in this course including the Cognitive-Behavior and Postmodern approaches. The course will be delivered through lectures, tutorials, discussion, and case study.

### KMC6023 Personality and Individual Differences

This course introduces students to the diverse ways of conceptualizing, assessing, and studying personality. It examines how people are similar and how they differ in their thinking, feeling and behavior. It examines traits, biological, neuropsychological, behavioral, genetics, environmental, and evolutionary bases to personality and individual differences. Research methods and approaches to measuring personality variables are also covered. When discussing each of these approaches, students explore the utility of each approach for explaining individual differences as well as their stability and fluidity.

### KMC6033 Counselling Ethics and Professional Development

This course aims to provide a comprehensive understanding on the professional identity of counselors. The course will discuss ethical and legal issues in counselling including client rights and counsellor responsibilities. In addition, students will be exposed to topics such as counselling consultation, counsellors' professional development issues, counsellor education issues, professional practice in multicultural counselling and counsellors' involvement in group and community work. This course will be delivered through lectures, tutorials, discussions, and case study.

### KMC6043 Individual Counselling: Techniques and Applications

The course discusses the philosophy and theoretical approaches in helping process. The course focuses on the application of counselling theories in individual counselling for diverse populations from various settings. Students will be supervised in terms of their practice using different counselling techniques. The course includes topics such as ethical issues, documentations in counselling, and the multicultural aspect of guidance and counselling process. This course will be delivered through lectures, tutorials, discussions, and case study.

### KMC6053 Counselling Assessment

Students have the opportunity to administer manually or electronically and interpret different types of psychological assessment instruments on personality, intelligence, work and vocational and clinical diagnosis through this course. Students will become familiar with the strengths, limitations, interpretation and presentation of findings from a variety of assessment instruments and will learn skills in report writing. Students will discuss the contemporary issues pertaining to the scientific findings on the application of psychological assessment in counselling. This course will be delivered through lectures, tutorials, discussions, and seminar.

### KMC6073 Career Counselling

This course exposes students to career counselling and guidance in work places, theories of career counselling, assessments tools in career counselling, career counselling and technologies, career counselling model, techniques for career counselling interview, developmental and preventive interventions and issues in career counselling. Students in this course will be assessed through individual and group assignment, and written examination.

### KMC6083 Group Facilitation and Counselling

This course aims to expose students to the techniques of facilitation in group, group leadership, group processes, and application of skills in group. The course examines contemporary trends and developments in group counselling as well as ethical, legal, procedural, and professional issues affecting the practice of group

counselling. Evaluation methods of the course include group leadership, individual and group assignment, and examination.

#### **KMC6093 Research Designs in Counselling**

This course exposes students to the fundamentals of research design in the field of counselling. Through this course, students are expected to demonstrate their ability to apply their research knowledge in formulating a literature review, research questions, and relevant methodology through assignment. Students will design a research proposal that will be presented in the class. It is also hoped that students will gain a greater understanding of and an appreciation towards the important role of research in the counselling profession. Students will be assessed through assignment, examination, and proposal presentation in this course.

#### **KMC6103 Multicultural, Diversities, and Differences**

This course introduces students to the concept of culture and cross cultural counselling practice. Students will discuss the role of culture and its relationship with the counselling practice such as culture evolution, ethnic and cultural differences, concept of value, attitude, and behavior in understanding individuals through their cultural perspective. In addition, cross-cultural counselling issues and intervention strategies will be discussed in this course via seminar, group discussion, and educational visit to selected organizations.

#### **KMC6123 Instrument Development for Counselling**

This course introduces students to the process of instrument development in counselling. Topics that will be discussed include item construction, reliability, purpose and methods in developing instrument. Factor analysis and survey also will be covered in the course. Students will be assessed via assignment, group presentation, and examination in this course.

#### **KMC6113**

This course introduces students applications of the career counselling concepts into practice. Topics include individual and group counselling skills, assessments, managing information and resources, developing and implementing career development program, supervision, coaching and consultation, and applications of career counselling in different settings and clients. Students in this course will be assessed through individual and group assignments and written examination.